

Come Follow Me FHE

About This Download

PRINTING

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CANDLE & JAR OBJECT LESSON

LIGHT FROM CHRIST

Read Doctrine and Covenants 93:9, 28. Discuss how Jesus is the light of the world. Then, do this short object lesson.

SUPPLIES

small candle
clear, wide-mouth jar
matches or lighter

Light the candle. Teach that this is our light. As we follow Christ, it burns and glows. When we make bad choices, our light can go out or get darker.

Place a clear jar over the candle and let children watch what happens to the light.

Teach that just like the jar took away our light, Satan can take away our light, too. Finish by relighting the candle and explaining that we can always repent and return to light because of Jesus Christ.

