

Come Follow Me FHE

# About This Download

## PRINTING

The majority of our downloads are formatted to print on 8.5x11" paper unless otherwise noted. You may print at home or a local print shop. We recommend using a recent version of Adobe Acrobat PDF Reader to view and print your files. It is available for free online. If you run into problems with pages being cut off, select "fit to page" in your print dialogue box to make sure it fits on your page correctly.

To print large page sizes (anything larger than 8.5x11"), we recommend going to a local print shop like Kinko's, Staples, AlphaGraphics, etc. and ask them to print your file as a black and white "engineer print" or "blueprint." These larger prints are big, fun and fairly inexpensive.

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# Go & Do Family Activity

I can serve those around me.

D&C 82:19

As members of the church, we have assignments to check in on our friends, neighbors and fellow ward members. As we do these things, we serve as Jesus Christ did and also fulfill his mission of bringing others to Him.

Read D&C 82:19 as a family. "How can we serve our neighbors with '....an eye single to the glory of God.?'"

Watch the video "An Eye Single to the Glory of God" and listen to President Nelson's message.



- "How can you have your eyes be on God?"
- "How can we make sure we are using our binoculars to have our eyes and God's eyes on the same focus?"

Bear testimony of the strength of the gospel in your life and how it blesses you when you keep your eyes aligned with God's.

Prepare the Check-in Chex Mix as a family and read D&C 82:19. Pray as a family and see who your family feels prompted to visit and share the snack with.

# Check-in Chex Mix

## INGREDIENTS

- 3 cups pretzel twists
- 2 cups Rice Chex
- 2 cups Honey Chex
- 2 cups animal crackers
- 2 cups Honey Roasted Peanuts
- 1 cup M&M's
- 1 bar white candy melts or white chocolate bark

## DIRECTIONS

Cover a cookie sheet with wax paper or lay flat on the countertop.  
In a large bowl, combine pretzels, cereal and animal crackers. Mix well.  
Melt candy melts in the microwave in 30-second increments, stirring in between.  
Pour melted chocolate over pretzels, cereal and animal crackers. Stir.  
Spread the mixture onto the prepared lined baking sheet.  
Sprinkle peanuts and M&M's on top.  
Allow to set and cool for 20-30 minutes.  
Break into pieces and put in cellophane bags for delivery!