

Come Follow Me FHE

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PRINTING

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Pop the Pride Object Lesson

Read Helaman 3:33-34 with your family.

Give each child a piece of gum and explain that each of them is going to be blowing bubbles in your lesson. Tell your children to start blowing bubbles until they think they have the best bubble.

While your children are blowing bubbles, discuss what pride is. Explain there are two types of pride. The good kind is when you know you did something well or to the best of your ability. The bad kind of pride is when you start to think you are better than others.

Explain that in this object lesson, the gum represents us. The air we blow into it represents the pride we have.

Ask your children, "What happens when there is too much air in the bubble?" It will pop! Discuss how just like the bubble will pop, if we have too much pride, we will "pop" or suffer.

Read Helaman 4:23-26 together. Discuss the consequences of pride.

Pass out little bags of bubble gum to each child with the "Pop the Pride" topper and remind them to pop their pride.

INSTRUCTIONS Cut out along solid gray lines. Fold along the dotted middle line. Fill your bags with gumballs and then staple the topper over the opening.

