

Come Follow Me FHE

About This Download

PRINTING

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GO & DO Family Activity

Family History

Jacob 1:1-4

Before Nephi died, he passed the plates to his younger brother Jacob and gave him the responsibility to preserve the plates and record on them the things that were “most precious” (Jacob 1:2). Along with inviting others to come unto Christ Jacob kept a genealogy of his people.

We all desire to know where we came from. Knowing of our family history can help us to have a sense of our place in the world. Elder David A. Bednar taught this about Family History: “The Prophet Joseph Smith declared that our “greatest responsibility in this world ... is to seek after our dead.” Family history is a vital part of the work of salvation and exaltation. We have the covenant responsibility to search out our ancestors and provide for them the saving ordinances of the gospel. I invite the youth of the Church to learn about and experience the Spirit of Elijah. I encourage you to study, to search out your ancestors, and to prepare yourselves to perform proxy baptisms in the temple for your kindred dead. As you respond in faith to this invitation, your hearts shall turn to the fathers. Your love and gratitude for your ancestors will increase. You will be safeguarded in your youth and throughout your lives. Your testimony of and conversion to the Savior will become deep and abiding.” (David A. Bednar, “The Hearts of the Children Shall Turn,” Ensign, Nov. 2011, 24–27)

As a family sing the song “Family History” (Children’s Songbook, pg 94) and fill out the printable “My Family Tree.” Talk about and tell stories of each of the people you are drawing on your family tree.

We can all be involved in family history. How can your family focus on Family History for the next two weeks? Pick from the list below or come up with your own idea of how your family can work on family history, set a goal and make a plan to work on your family history for the next two weeks.

- Keep a personal or family journal for the next 14 days.
- Talk to living relatives and record their stories.
- Look up your pedigree chart and work to fill in any missing people.
- Look through photographs or learn about family heirlooms.
- Learn to cook a meal from an ancestor.
- Start your personal history.
- Complete some of the “Family History Mystery” cases from the Friend magazine.



Supplies Needed:

- My Family Tree Printable

My Family Tree

Draw your own family tree.

