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Good, Better, Best

Luke 10:38-42

This week as a family we are going to study the story of Mary and Martha. Read the section in Jesus the Christ on page 432 titled "Mary and Martha" (Chapter 26)



Activities for Families

Before you study the story of Mary and Martha as a family, give each person the "Good, Better, Best" printable and have each of them fill it out with the activities and things they do throughout the week. Take turns reading what you have written in the Good column, then from the Better column and finally the Best column. After you are done reading all the things that make your family busy; read and discuss the story of Mary and Martha.

Jesus has come to visit and teach at the home of Mary and Martha. While He is there Martha is busy with the "preparations and 'was cumbered about much serving,' well intended for the comfort and entertainment of Jesus". Martha then asks Jesus "Lord, dost thou not care that my sister hath left me to serve alone? Bid her therefore that she help me." Jesus responds pointing out the great care that Martha has taken in preparing for His visit but tells her "thou art careful and troubled about many things: but one thing is needful: and Mary hath chosen that good part." The Savior teaches Martha that what she is doing is good but there is something better that she should be doing. (Jesus the Christ, pg 432)

Discuss as a family the importance of making sure that we don't get distracted and fill our days with the busy things that don't matter most.

Watch the video "Good, Better, Best"



Have each family member choose one thing from their "Best" column and write it in the box at the bottom of their "Good, Better, Best" printable that they choose to focus on spending more time doing this week.



Think of the activities you participate in every week, write them in the column you think they fit in.

Good

Better

Best

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“We have to forego some good things in order to choose others that are better or best because they develop faith in the Lord Jesus Christ and strengthen our families.”

~Dallin H. Oaks

Pick one activity on your list in the Best column that you can focus on this week to do a little better.