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I Can Follow the Prophet Paper Chain

Before you begin this activity, cut out and make the “Follow the Prophet” paper chain.

Read Jeremiah 1:4-19 with your family and sing “Follow the Prophet” (Children’s Songbook, pg. 110). If you would like a song chart for this song, you can visit our website or scan the QR code to purchase.



After reading and singing the song, play “follow the leader” around your house and give everyone in your family a chance to be the leader. Relate this to following the prophet. The prophet is the leader of The Church on earth and helps us to know what Heavenly Father would have us do. We should always try to do what the prophet asks us to. We can look to him for guidance and direction in our lives.

Then, take turns reading the links of the paper chain about what our prophet has asked us to do. Ask your family how you can follow the prophet better. Make a goal to pick one thing he has asked us to do and work on that this month.

Prophets are called to speak the
Lord’s words.

I can follow
the Prophet.

Staple paper chain here, 
towards the bottom of the sign.

“If you and I are to withstand the forthcoming perils and pressures, it is imperative that we each have a *firm* spiritual foundation built upon the rock of our Redeemer, Jesus Christ.”
“The Temple and Your Spiritual Foundation,” Oct. 2021 General Conference

Make your home a sanctuary of faith.

“What We are Learning and Will Never Forget,” April 2021 General Conference

“...*start today* to increase your faith.”

“Christ is Risen; Faith in Him Will Move Mountains,” April 2021 General Conference

“I promise that as you increase your capacity to receive revelation, the Lord will bless you with increased direction for your life and with boundless gifts of the Spirit.”

“Embrace the Future with Faith,” Oct. 2020 General Conference

Today I would like to suggest five specific actions we can take to help us maintain positive spiritual momentum.

1. Get on the covenant path and stay there.
2. Discover the joy of daily repentance.
3. Learn about God and how He works.
4. Seek and expect miracles.
5. End conflict in your personal life.

“The Power of Spiritual Momentum,” April 2022 General Conference

“My call today, dear brothers and sisters, is to end conflicts that are raging in your heart, your home, and your life... I plead with you to do all you can to end personal conflicts that are currently raging in your hearts and in your lives.”

“The Power of Spiritual Momentum,” April 2022 General Conference

“Increase your understanding of priesthood power and of temple covenants and blessings.”

“Embrace the Future with Faith,” Oct. 2020 General Conference

“My dear brothers and sisters, with all the pleadings of my heart, I urge you to get on the covenant path and stay there. Experience the joy of repenting daily. Learn about God and how He works. Seek and expect miracles. Strive to end conflict in your life.”

“The Power of Spiritual Momentum,” April 2022 General Conference

“Today I reaffirm strongly that the Lord has asked every worthy, able young man to prepare for and serve a mission. For Latter-day Saint young men, missionary service is a priesthood responsibility. You young men have been reserved for this time when the promised gathering of Israel is taking place. As you serve missions, you play a pivotal role in this unprecedented event!”
“Preaching the Gospel of Peace,” April 2022 General Conference

“The only way to survive spiritually is to be determined to let God prevail in our lives.”
“Let God Prevail,” Oct. 2020 General Conference

“I renew my plea for you to do whatever it takes to increase your spiritual capacity to receive personal revelation.”
“Hear Him,” April 2020 General Conference

We can demonstrate faith in God and always be ready to respond to those who ask about “the hope that is in [us].” Each of us has a role to play in the gathering of Israel.
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