

Come Follow Me FHE

About This Download

PRINTING

The majority of our downloads are formatted to print on 8.5x11" paper unless otherwise noted. You may print at home or a local print shop. We recommend using a recent version of Adobe Acrobat PDF Reader to view and print your files. It is available for free online. If you run into problems with pages being cut off, select "fit to page" in your print dialogue box to make sure it fits on your page correctly.

To print large page sizes (anything larger than 8.5x11"), we recommend going to a local print shop like Kinko's, Staples, AlphaGraphics, etc. and ask them to print your file as a black and white "engineer print" or "blueprint." These larger prints are big, fun and fairly inexpensive.

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If you need assistance, please email us at info@comefollowmefhe.com.



Hello, friend!

Our mission is to bring families closer to Christ by providing fun, age-appropriate activities to help teach the lessons found in the Come, Follow Me manuals from the Church of Jesus Christ of Latter-day Saints.

Did you know we have a membership? This is how we help families come closer to Christ each week. (It's a great resource for moms/dads at home, primary and youth Sunday School teachers!) We know that every family is different. Ages of your children, individual needs and developmental levels will vary. That is why we offer ONE value-packed Come, Follow Me membership for just \$10 a month. There are several payment options, including getting a month free when you sign up for a whole year!

WHAT'S INCLUDED IN YOUR MEMBERSHIP

Toddler Bundle: Includes a full lesson plan with THREE activities that align with scripture written by an early childhood educator. This bundle includes: a printable activity, movement activity and a coloring page all aligned with the scripture for each week. Recommended for ages 2-5 year olds, Nursery and Sunbeam teachers.

Elementary Bundle: Includes a full lesson plan with SIX activities that align with scriptures written by an elementary educator. These include things like: a coloring page, Go & Do Family Activity (something for doers/kinesthetic learners), media page (something for those visual and auditory learners) and more!

Primary Bundle: Includes a full lesson plan to guide Primary teachers in class time. Each lesson can be done in 20-25 minutes and includes an activity or handout, as well as a take-home reminder for each child.

Teen Bundle: These study pages are meant for teens to study independently and include: key passages with thoughtful questions, a weekly invitation, links to correlating songs and videos, and quotes from modern-day prophets and leaders. Plus, mini scripture cards to hang on a bathroom mirror, in a locker, share with others, etc.

PLUS access to The Vault: A fun, new resource each month for your family to use!

Scan the QR code below to become a member now! Use the code **TRYIT** to get your first month for \$5 in 2025 and receive amazing lessons for Come, Follow Me every single week for your family.

We can't wait to help your family love learning about Jesus Christ and His gospel!



Questions? Email us at:
info@comefollowmefhe.com

Become a member here.



comefollowmefhe.com

Summer with Jesus

Six At-home, Mini Camps
for Little Disciples



BY COME FOLLOW ME FHE

Summer with Jesus

Six At-home, Mini Camps
for Little Disciples

CAMPS INCLUDED

- 1 Follow in His Footsteps**
- 2 God's Creations**
- 3 I Am a Child of God**
- 4 Let Your Light Shine**
- 5 Living Water**
- 6 Prayer**



2025 Summer with Jesus

topic

Follow in His Footsteps

songs



Fisher's of Men



Come Follow Me

videos



I Will make You
Fisher's of Men



My Sheep Hear
My Voice

scriptures

Matthew 4:18-23 Matthew 19:21
Mark 10:21 Luke 18:22
John 10:27

coloring page

Discuss ways you can follow in His footsteps as you color the "Follow Me" coloring page with your kids.

hands-on activity

Prepare the fish and a fishing pole for your activity. As you let your kids "fish," discuss how Christ asked us to be fishers of men. How can you do that? How can you share and bring people to the gospel of Jesus Christ?

game

Set up a fun treasure hunt for Christ for your family! Hide the clues around your house and display a picture of Christ at the end. You could even get a small picture of Christ and a treat for each child as a prize at the end!

snack

Have fun making your own trail mix with your kids! This "recipe" allows you to add your favorite ingredients and is very easy to adapt for different preferences. Enjoy your snack together!

bonus

One of the ways we can follow Jesus is by keeping His commandments. Practice learning the 10 Commandments with this fun chatterbox!

"FOLLOW ME"



"And they straightway left their nets, and followed him."

MATTHEW 4:18-22

Fish Game

Have fun “fishing” together with these cute fish!

You will need:

long dowel or stick

string or yarn

one small magnet

paper clips

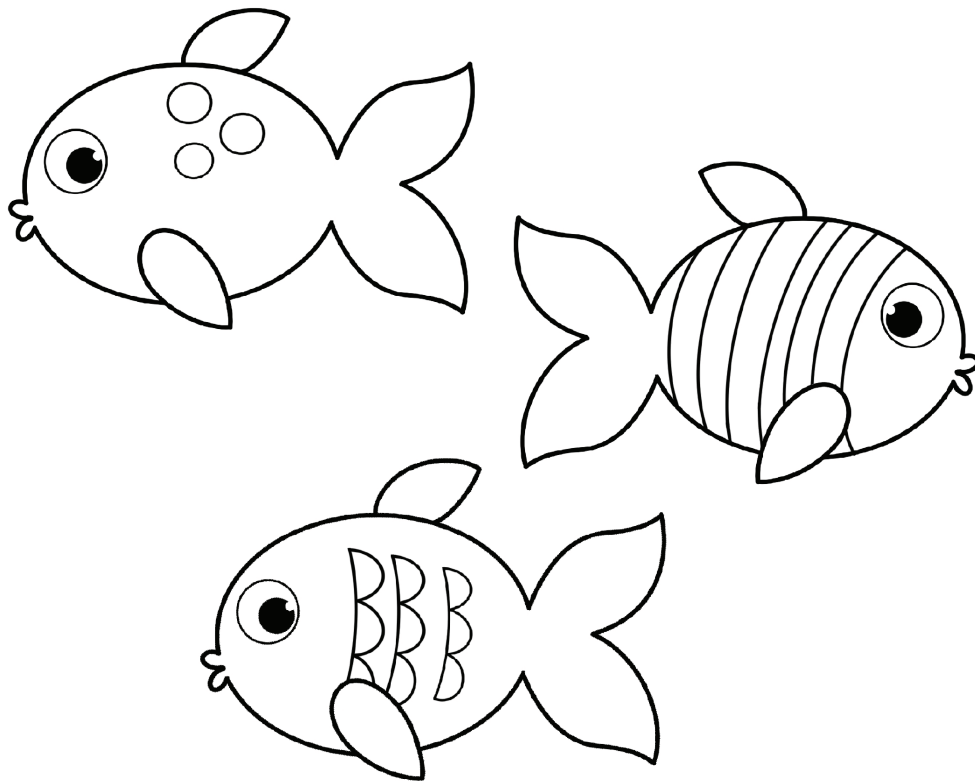
scissors

optional: lamination

Begin by making a fishing pole by using a long dowel/stick and tying a long string/yarn onto one end. Hot glue a magnet to the end of the string.

Print the fish. We recommend printing the fish on cardstock and laminating them for durability. Cut out the fish and place a paper clip on each one.

You’re now ready to fish!



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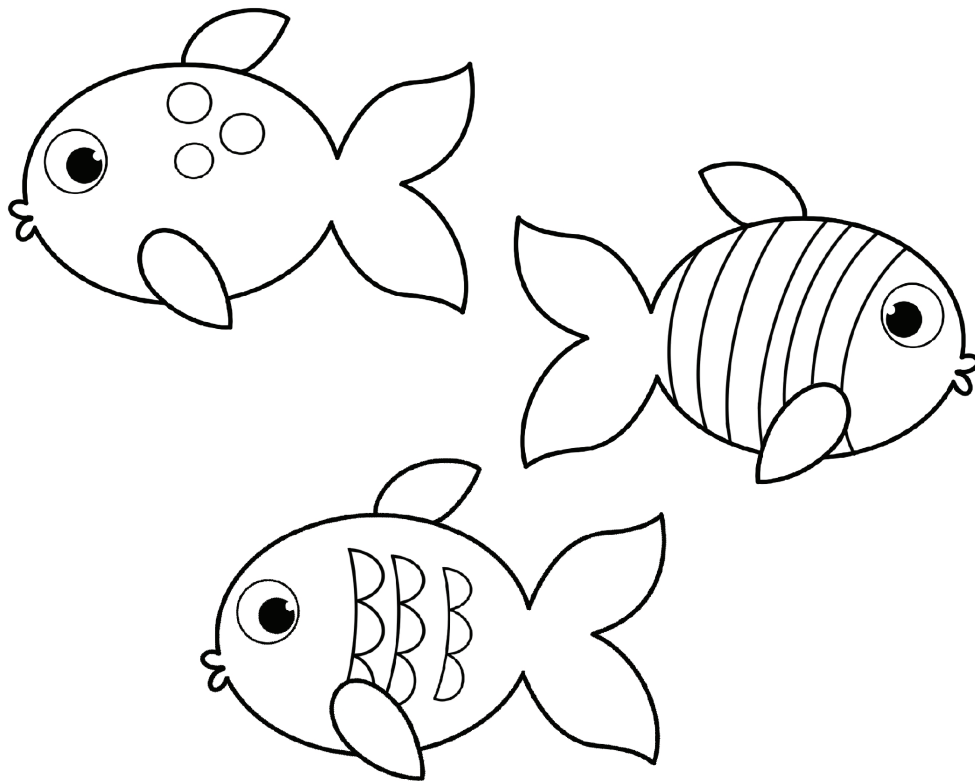
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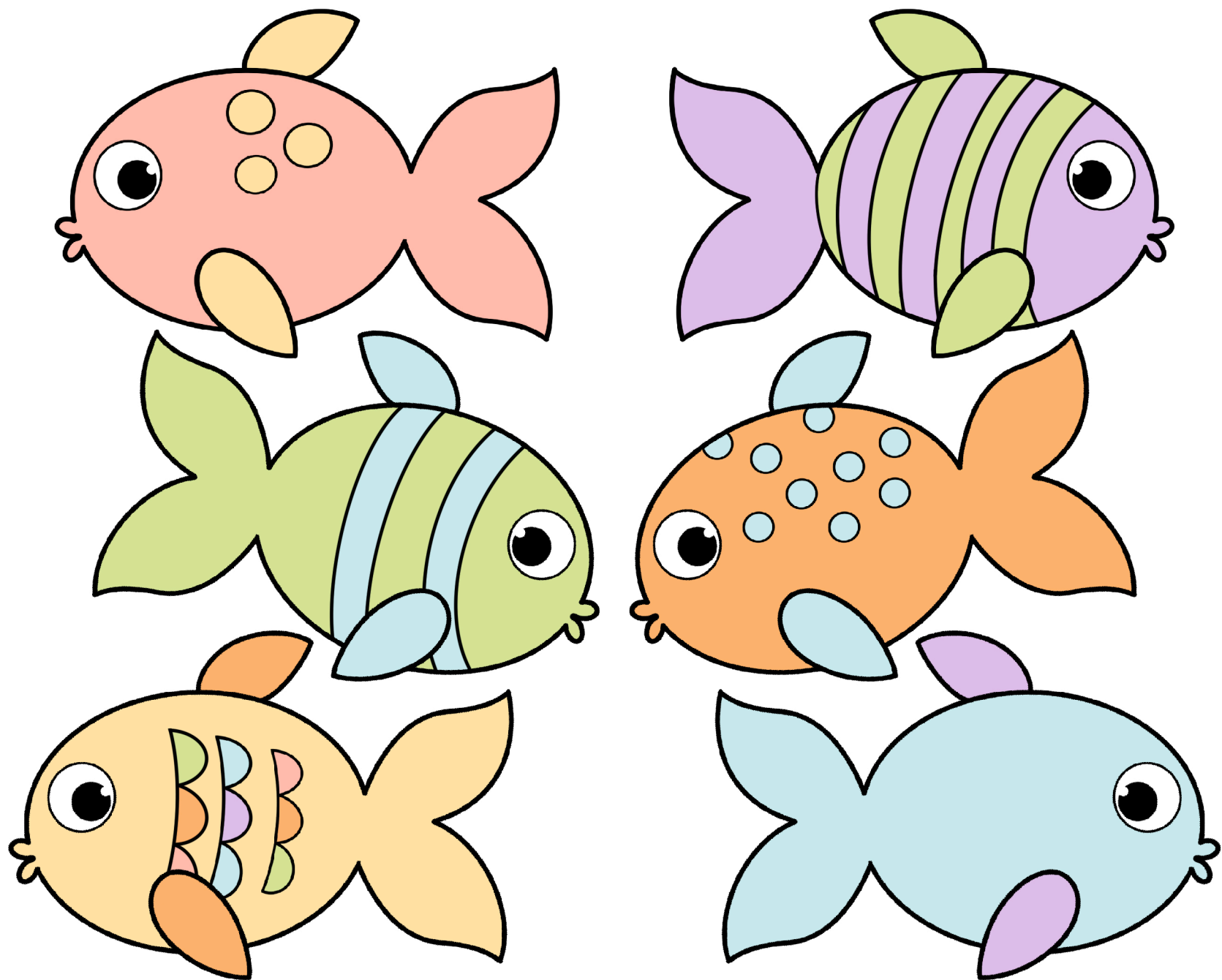
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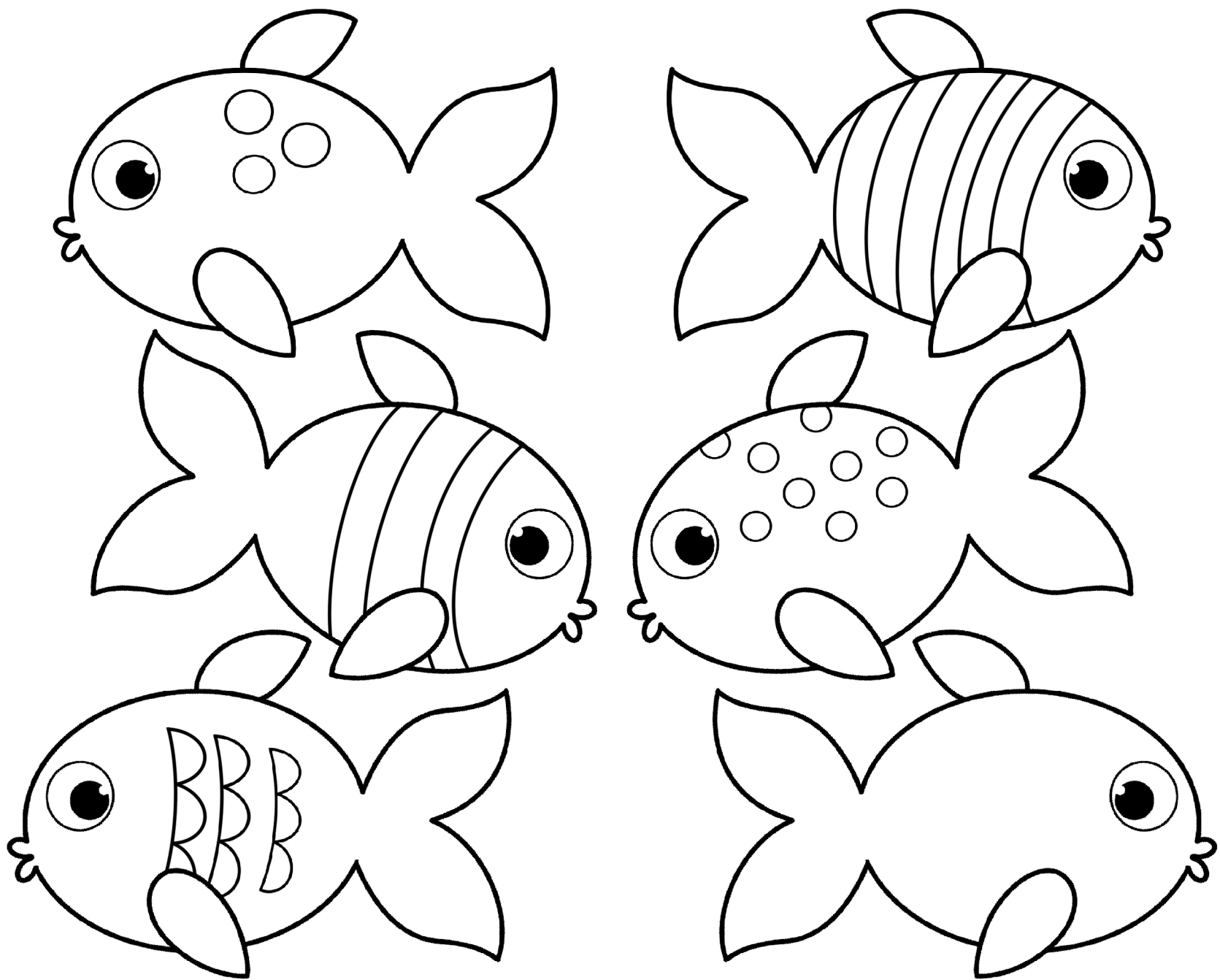
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Treasure Hunt to Christ

1. Cut out the clues. Find a picture of Christ to hide at the end.
2. Before beginning your activity, hide clues 2-8 in their designated area, as well as the picture of Christ.

For example:

- Clue #2 put on a door.
- Clue #3 put in the kitchen.
- Clue #4 put near a bed.
- Clue #5 put in the bathroom.
- Clue #6 put in the refrigerator.
- Clue #7 put under the table.
- Clue #8 put under a shoe.

Hide a picture of Christ under the sink.

3. Now you're ready for your hunt! Tell you children they will be going on a hunt for clues that will lead them to Christ.
4. Give them clue #1 and let them go on their hunt for Christ! You could add to the fun by having a small picture of Christ and a treat for each child as a prize at the end!

Clue #2



So glad you haven't been
snitchen, go take a look in the
kitchen.



Clue #1



It can't be found on the floor,
but look up high on the door.

Clue #5



It may be on a ridge or
buried deep in the fridge.

Clue #2



So glad you haven't been
snitchen, go take a look in the
kitchen.

Clue #6



It isn't on cable, but on the chair
or under the table.

Clue #3



It isn't found on your head,
but it is hidden near a bed.

Clue #7



This clue is new and can be
found under a shoe.

Clue #4



It may not be where you assume,
so take a look in the bathroom.

Clue #8



Hurry, don't blink!
Your last clue is under the sink!

Clue #1



It can't be found on the floor,
but look up high on the door.

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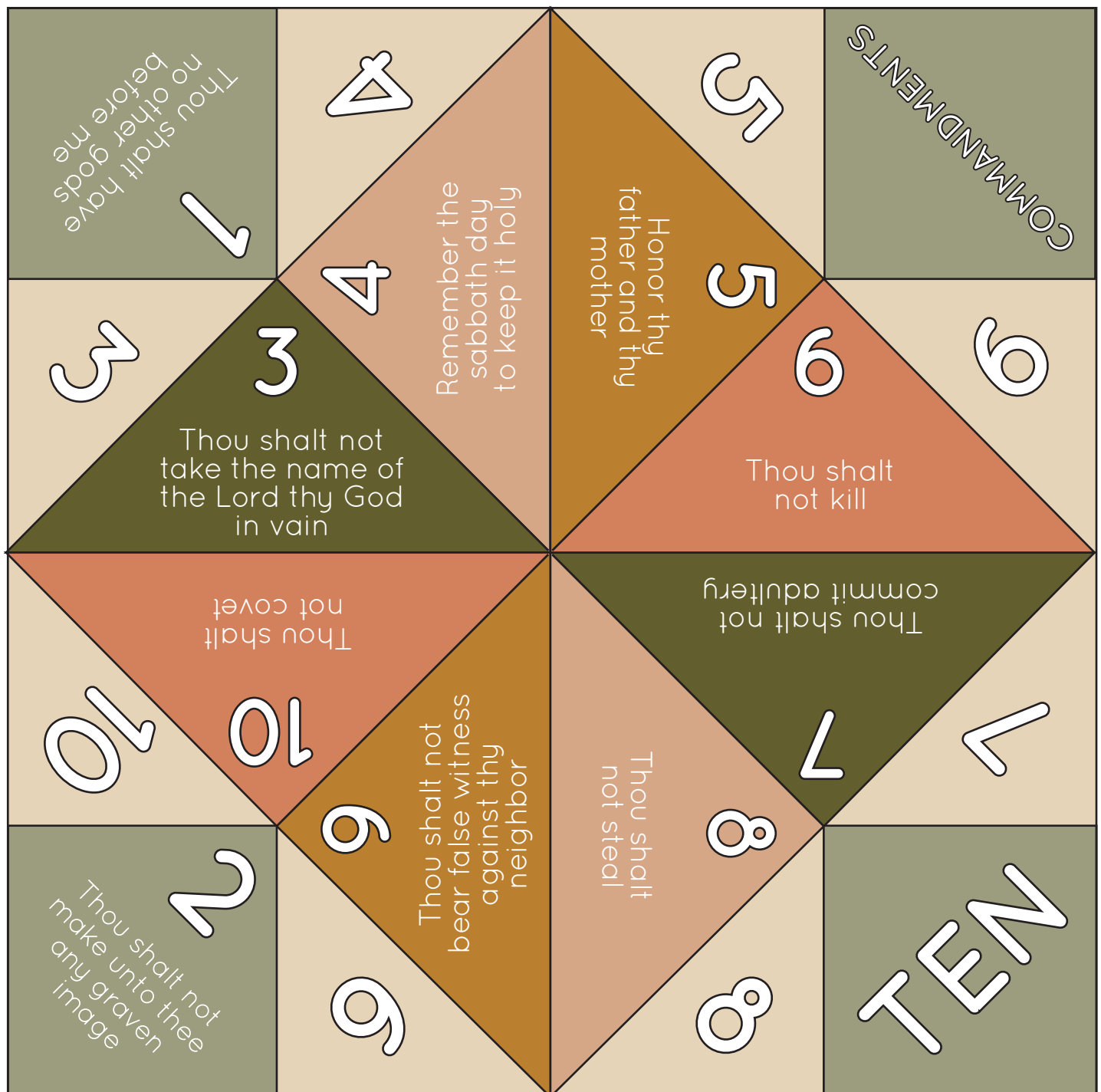


Hurry, don't blink!
Your last clue is under the sink!

Cut out the square. Fold it in half diagonally, then in half diagonally the other way. With the printed side facing down, fold the corners into the middle. Then, flip it over so the folded pieces are on the bottom. Fold the corners in once more. Fold in half both ways through the middle (not diagonally this time). Gently pull out the open flaps to shape your fortune teller. Scan the QR code for a detailed video on folding your chatterbox.



To play, have someone pick one of the flaps on top. Move the chatterbox as you spell the word or count the number. Next, pick one of the numbers and move the chatterbox again that many times. When the person picks the last number, open the flap and read the commandment inside. Keep playing until you have reviewed all the commandments.



Cut out the square. Fold it in half diagonally, then in half diagonally the other way. With the printed side facing down, fold the corners into the middle. Then, flip it over so the folded pieces are on the bottom. Fold the corners in once more. Fold in half both ways through the middle (not diagonally this time). Gently pull out the open flaps to shape your fortune teller. Scan the QR code for a detailed video on folding your chatterbox.



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Thou shalt have no other gods before me 1	4 Remember the sabbath day to keep it holy	5 Honor thy father and thy mother	COMMANDMENTS
3 Thou shalt not take the name of the Lord thy God in vain	6 Thou shalt not kill	7 Thou shalt not commit adultery	6
10 Thou shalt not covet	9 Thou shalt not bear false witness against thy neighbor	8 Thou shalt not steal	7
2 Thou shalt not make unto thee any graven image	9	8	TEN

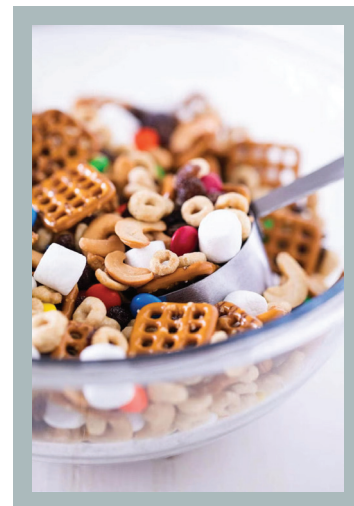
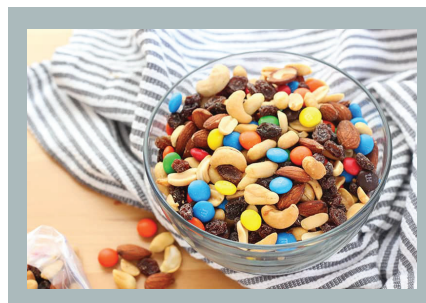
Homemade Trail Mix

Prep Time: 5 minutes

Total Time: 10 minutes

INGREDIENTS

mini pretzels
chocolate, white chocolate, peanut butter,
or cinnamon chips
nuts of your choice (you could use a
variety)
mini marshmallows
M&M's
Teddy Grahams
dried fruit
Reese's Pieces
Chex cereal



DIRECTIONS

Add approximately 1 cup of each ingredient (or more of your favorites!) to a large bowl. Mix together. The options for ingredients are endless!

Scoop 1/2-1 cup trail mix into bowls for each of your kids.

Enjoy together!

Here are a few ideas...

S'mores Trail Mix: Chocolate chips, mini or dehydrated marshmallows, Teddy Grahams, and chocolate-covered peanuts.

Peanut Lovers Trail Mix: Peanut butter chips, peanuts, pretzels, and Reese's Pieces.

Traditional Trail Mix: Mini pretzels, M&M's, peanuts, and raisins.

Sweet and Salty: Cinnamon-sugar pretzels, white chocolate and/or cinnamon chips, chocolate-covered nuts, M&M's, and Chex cereal.

2025 Summer with Jesus

topic

God's Creations

scriptures

Genesis 1:3-3
Colossians 1:16-17
Psalms 8:3-6

songs



Creation Song



All Things Bright
and Beautiful

videos



How God Made
Everything



7 Days of Creation

coloring page

Discuss everyone's favorite creations as you color the "God Created the Heavens and the Earth" coloring page together.

hands-on activity

Round up one or a few magnifying glasses and print the Creation Scavenger Hunt cards (one for each child). Then, have fun going on a scavenger hunt and enjoying the wonderful creations from God.

game

Have fun playing your own creations Headbands game! If you own the game, you can play using the cards of creations. If you want to create your own game, you can draw/write several creations on sticky notes. Enjoy guessing with your children!

snack

Have fun making your own animal creations with rice cakes! Gather your favorite toppings and see what your children can imagine! Enjoy your snacks together outside enjoying the scenery if you can!

bonus

Print the simplified Creation story poster front and back. Then, have a storytime and read the story to your children. See if they can remember what was created on which day!



"God created the Heavens and the Earth"



GENESIS 1:1

Creation Hunt

Print one scavenger hunt tag for each of your children. Cut them out around the outside edge and hole punch the circle on the top. Attach to a magnifying glass with ribbon or string. Encourage your children to go on a creation walk/hunt together to appreciate all of God's beautiful creations.

 <p>Can you SEE what God has made?</p> <p>Genesis 1:1</p> <p>Directions: Go on a creation walk with your magnifying glass and hunt for some of God's beautiful creations. See how many you can find!</p> <table><tbody><tr><td><input type="checkbox"/> sun</td><td><input type="checkbox"/> trees</td></tr><tr><td><input type="checkbox"/> water</td><td><input type="checkbox"/> flowers/plants</td></tr><tr><td><input type="checkbox"/> birds</td><td><input type="checkbox"/> animals</td></tr><tr><td><input type="checkbox"/> dirt</td><td><input type="checkbox"/> people</td></tr><tr><td><input type="checkbox"/> fish</td><td></td></tr></tbody></table> <p>comefollowmefhe.com</p>	<input type="checkbox"/> sun	<input type="checkbox"/> trees	<input type="checkbox"/> water	<input type="checkbox"/> flowers/plants	<input type="checkbox"/> birds	<input type="checkbox"/> animals	<input type="checkbox"/> dirt	<input type="checkbox"/> people	<input type="checkbox"/> fish		 <p>Can you SEE what God has made?</p> <p>Genesis 1:1</p> <p>Directions: Go on a creation walk with your magnifying glass and hunt for some of God's beautiful creations. See how many you can find!</p> <table><tbody><tr><td><input type="checkbox"/> sun</td><td><input type="checkbox"/> trees</td></tr><tr><td><input type="checkbox"/> water</td><td><input type="checkbox"/> flowers/plants</td></tr><tr><td><input type="checkbox"/> birds</td><td><input type="checkbox"/> animals</td></tr><tr><td><input type="checkbox"/> dirt</td><td><input type="checkbox"/> people</td></tr><tr><td><input type="checkbox"/> fish</td><td></td></tr></tbody></table> <p>comefollowmefhe.com</p>	<input type="checkbox"/> sun	<input type="checkbox"/> trees	<input type="checkbox"/> water	<input type="checkbox"/> flowers/plants	<input type="checkbox"/> birds	<input type="checkbox"/> animals	<input type="checkbox"/> dirt	<input type="checkbox"/> people	<input type="checkbox"/> fish	
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Create-Your-Own Headbands Game

Have fun creating your Headbands game and playing with your kids!

If you own the Headbandz game, you can use the included cards that feature God's creations and play the game.

If you don't have the game, you can use sticky notes and write/draw any of God's creations for your kids to guess. For example, lion, trees, flowers, dog, mountain, river, bird, sun, clouds, cat, horse, whale, etc. You could stick the sticky note directly to your forehead! Then, follow the instructions below to play the game.

HOW TO PLAY

Each player is dealt a card, face down. Without looking at the card, players place their cards in their headbands or hold them up so all other players can see the picture. Choose who will go first. On your turn, flip over the timer and ask each of the other players a question that will help you identify the picture on your head.

Once you've asked all the players a question, continue going around the circle asking questions until you guess the picture on your card. If you can guess your picture before the time runs out, pick another card and put it in your headband (remember not to peek!). As soon as the time is up, it is the next player's turn.

The player with the most guessed pictures is the winner!

The Creation

GENESIS 1-2

*This is meant to be a teaching poster! Print this simplified story on the back of the Creation picture and read from the story as you show the picture to your children.

God created the Earth. He did this in 6 days! On the seventh day He rested.

On the first day of the creation, God created the Day and Night. "And God said, let there be light, and there was light" (Genesis 1:3). God thought the light was good.

On the second day of the creation, God created the firmament. He called the firmament heaven.

On the third day, "God said, Let the waters under the heavens be gathered together unto one place and let the dry land appear, and so it was" (Genesis 1:9). He called the dry land Earth and the waters the sea. It was good. On this day, God also created all the plants.

On the fourth day, God created the sun, the moon, and the stars! He placed them in the firmament or in the heavens.

On the fifth day, "God created great whales and every living creature that moveth which the water brought forth" (Genesis 1:21). He also created the birds!

On the sixth day, God created animals on the land, and Adam and Eve. "So God created man in his own image" (Genesis 1:27).

On the seventh day, God rested. "And God blessed the seventh day, and sanctified it: because that in it he rested from all his work which God created and made" (Genesis 2:3).





Rice Cake Animals

Prep Time: 5 minutes

Total Time: 15 minutes

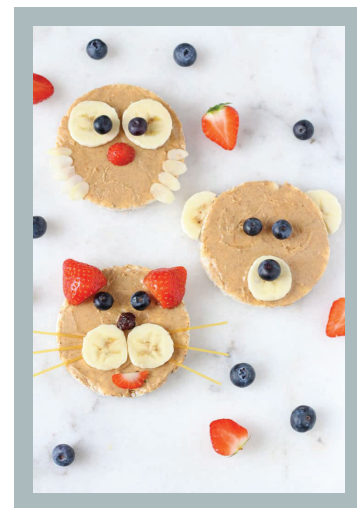
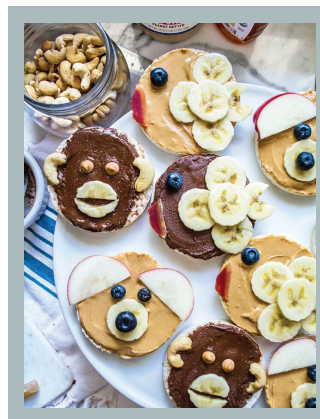
INGREDIENTS

your favorite flavor of rice cakes
peanut butter
Nutella
flavored cream cheese
banana slices
apple slices
cheese
shredded carrots
sliced peppers
chocolate or peanut butter chips
blueberries
strawberries
sliced almonds
cashews
Cheerios
pretzels
eye sprinkles

DIRECTIONS

Help your kids cover their rice cake with cream cheese, peanut butter, or Nutella. Then have them use their favorite toppings to create animal faces on their rice cakes, using the cream cheese, peanut butter, or Nutella as “glue.”

Enjoy your snack together as you talk about your favorite creations!



2025 Summer with Jesus

topic

I Am a Child of God

songs



[I Am a Child of God](#)



[God Loves Me Specially](#)

videos



[God's Favourite](#)



[How I Found Out God Loves Me](#)

scriptures

John 1:48

Genesis 1:27

Deut. 14:1

Psalms 82:6

2 Peter 1:1-8

Hosea 1:10

coloring page

Remind your kids of their great worth as you color the "I Am a Child of God" coloring page together.

hands-on activity

Let your kids color and decorate their Sons & Daughters of God Crowns. Then, make the crown fit their head and let them wear it to remember who they are.

game

Gather your family together and hold a talent show! Use the foldable microphone to announce who is next and their talent. Let everyone have a turn. Celebrate each unique gift and talent!

snack

Have fun making thumbprint cookies with your kids! Make the dough and then let each child press their thumbprints into the cookies. Enjoy your treat together!

bonus

Print and cut out a "I Am a Child of God" sticker for each of your kids. Let them wear their sticker with their crown or stick it somewhere they'll see it often and remember who they are!

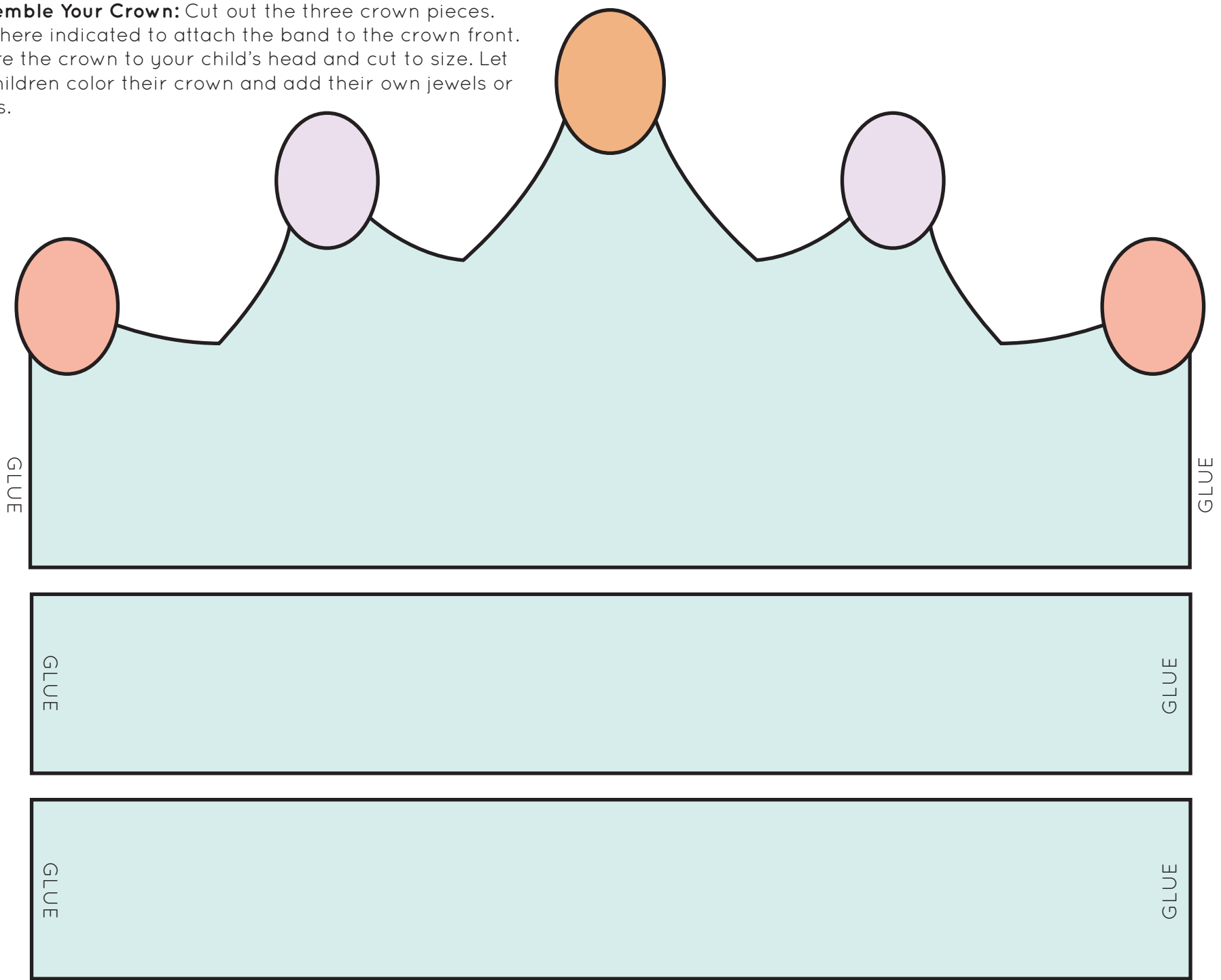
I am a child of God and have great worth.



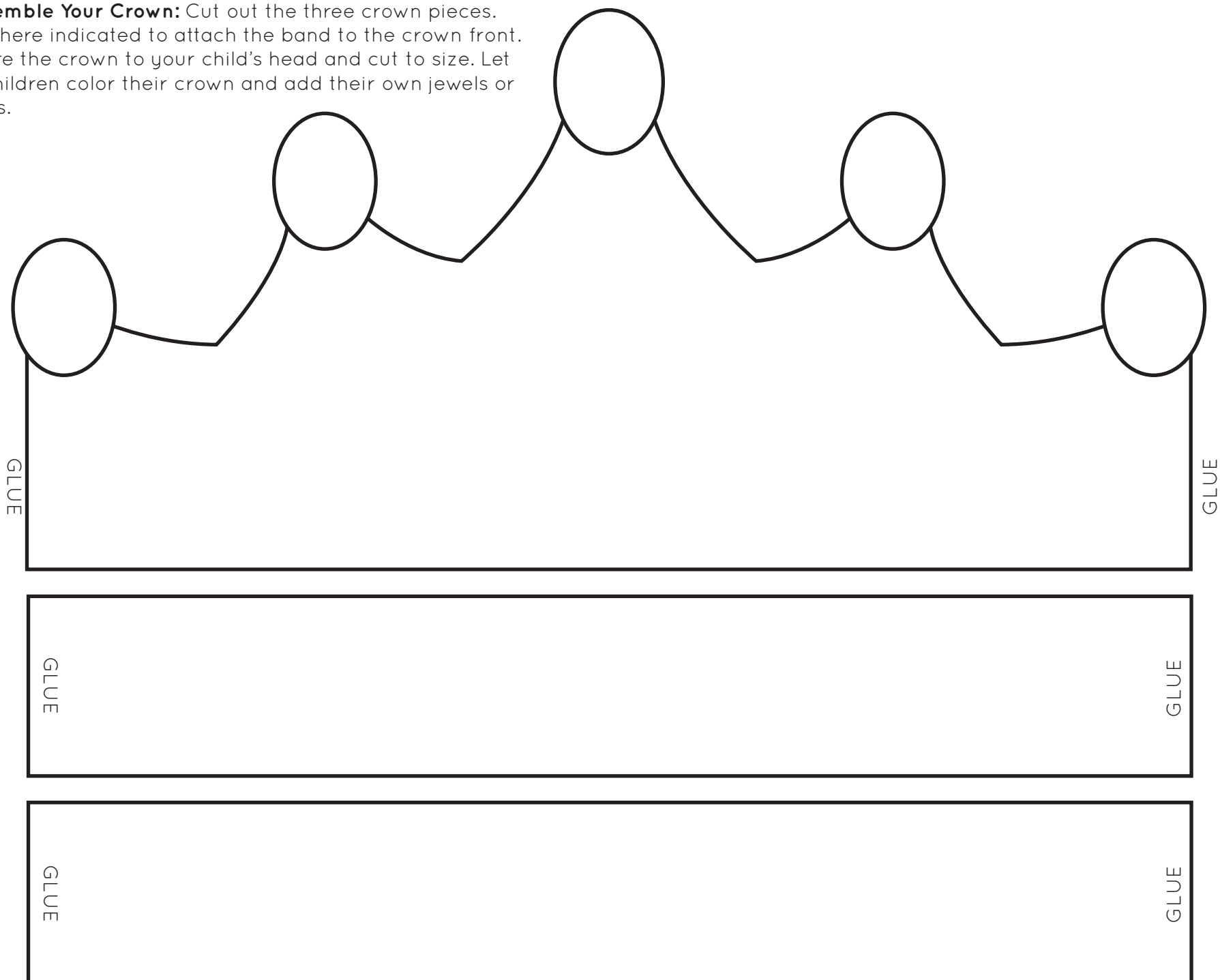
I am a child of God and have great worth.



To Assemble Your Crown: Cut out the three crown pieces.
Glue where indicated to attach the band to the crown front.
Measure the crown to your child's head and cut to size. Let
your children color their crown and add their own jewels or
designs.

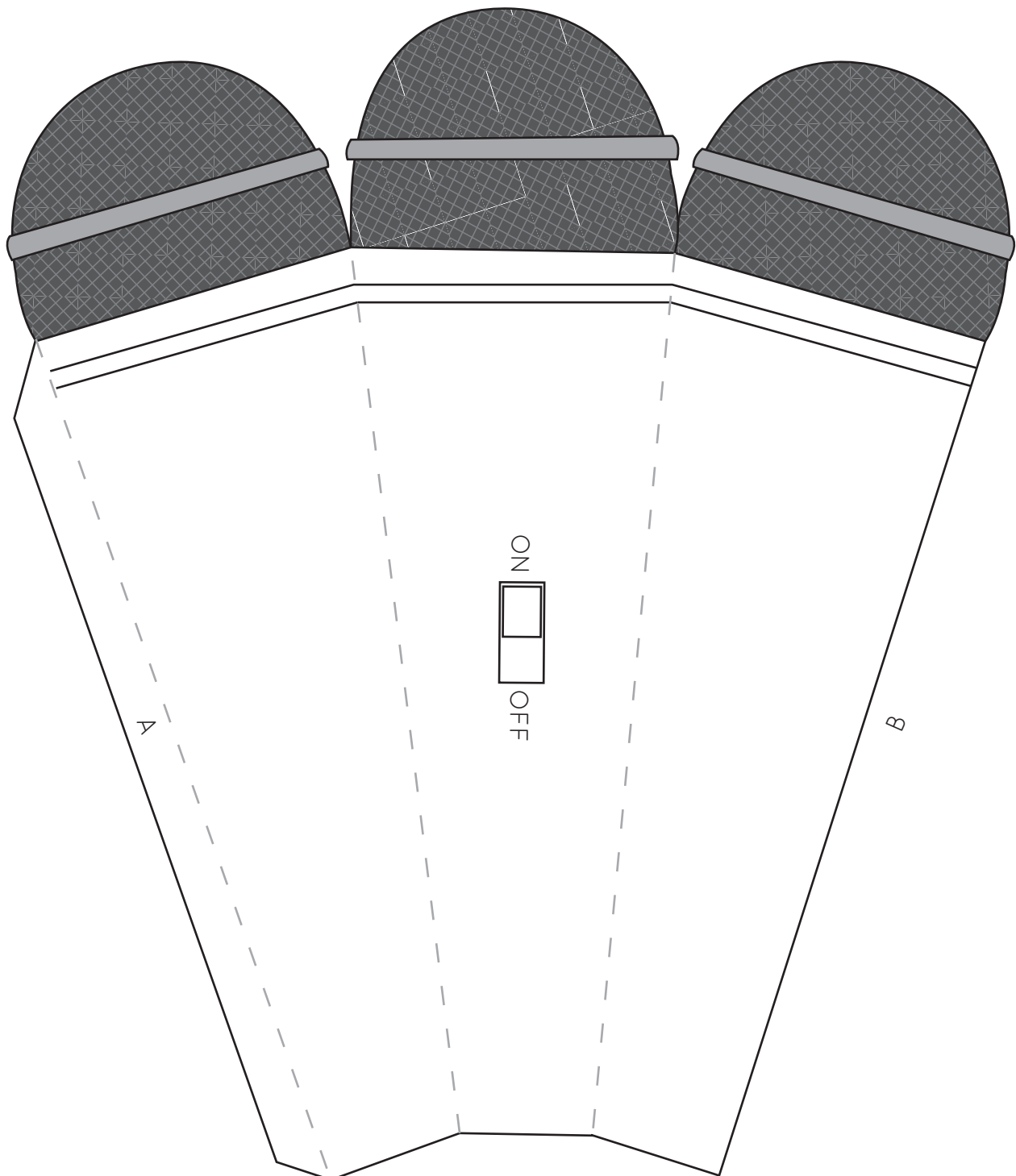


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designs.



Foldable Microphone

1. Let your children color or paint their microphone. They could even decorate it with stickers.
 2. Cut out the microphone and fold along dotted lines.
 3. Glue or tape the flap A to the opposite side (B).
 4. Curl in the top three pieces toward the center. Your microphone is ready to use!
- *You could glue the microphone to a piece of cardboard (like a cereal box) or stuff the handle with tissues or paper towels to make it more durable.



“I Am a Child of God” Stickers

Print these stickers on sticker paper (click/scan the QR to purchase) or regular paper and cut them out. If you print on regular paper, you can tape or pin the “sticker” to each child’s shirt. Give each of your children a sticker to help them remember who they are!



Avery Sticker Paper







Peanut Butter Thumbprint Cookies

Prep Time: 15 minutes

Total Time: 1 1/2 hours

Makes: 3 1/2 dozen cookies.

INGREDIENTS

1/2 c. shortening

1/2 c. peanut butter

1/2 c. granulated sugar

1/2 c. brown sugar

1 egg

1 1/4 c. flour

3/4 tsp. baking soda

1/2 tsp. baking powder

1/4 tsp. salt

1/2 c. finely chopped peanuts

jam or jelly



DIRECTIONS

Mix shortening, peanut butter, sugars, and egg. Blend in flour, soda, baking powder, and salt.

Cover and chill for at least 1 hour.

Heat oven to 375 degrees Fahrenheit. Shape dough into 1-inch balls. Roll in peanuts. Place each cookie 3-inches apart on a lightly greased baking sheet. Press thumb into the center of each cookie.

Bake 10-12 minutes or until set, but not hard.

Spoon jam into each thumbprint. Serve and enjoy!

2025 Summer with Jesus

topic

Let Your Light Shine

songs



This Little Light of Mine



Let Your Light Shine

videos



The Helpful Digger



Letting Your Light Shine

scriptures

Matthew 5:1-13 John 1:1-5
Matthew 5:14-16 John 8:12

coloring page

Discuss how your children can shine the light of Christ and have them write their ideas on their lightbulb, then color it!

hands-on activity

See how good your children's memories are with the Light Display Activity. Then, discuss how your family can shine their light for those around them. Set a goal to share your talents with someone this week!

game

Read the Beatitudes in Matthew with your children. Talk about how people with these characteristics are sharing the light of Christ. Then, have fun playing the Beatitude Monster Swat game together!

snack

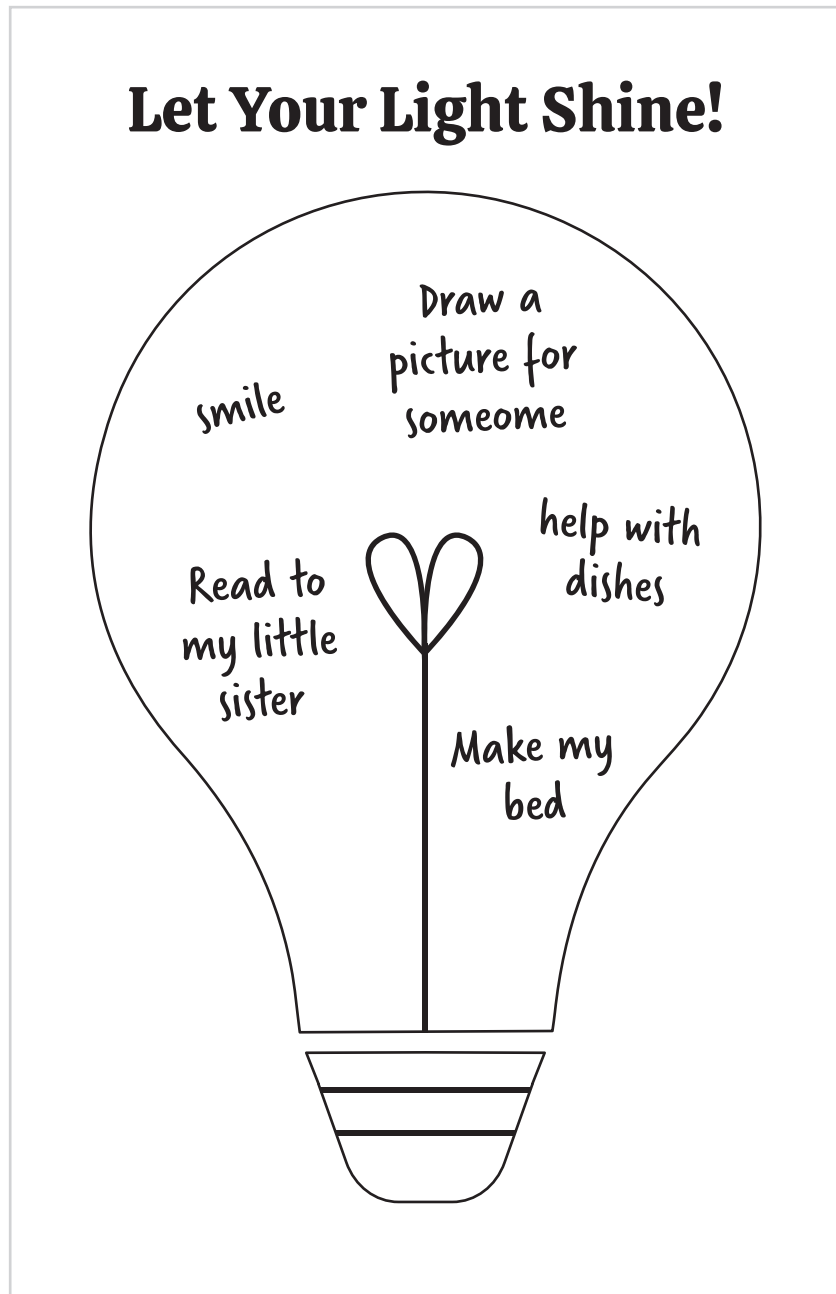
Make a cool, refreshing yogurt parfait to enjoy! Let your kids layer their favorite yogurt, fruit, and granola in a jar and then eat up!

bonus

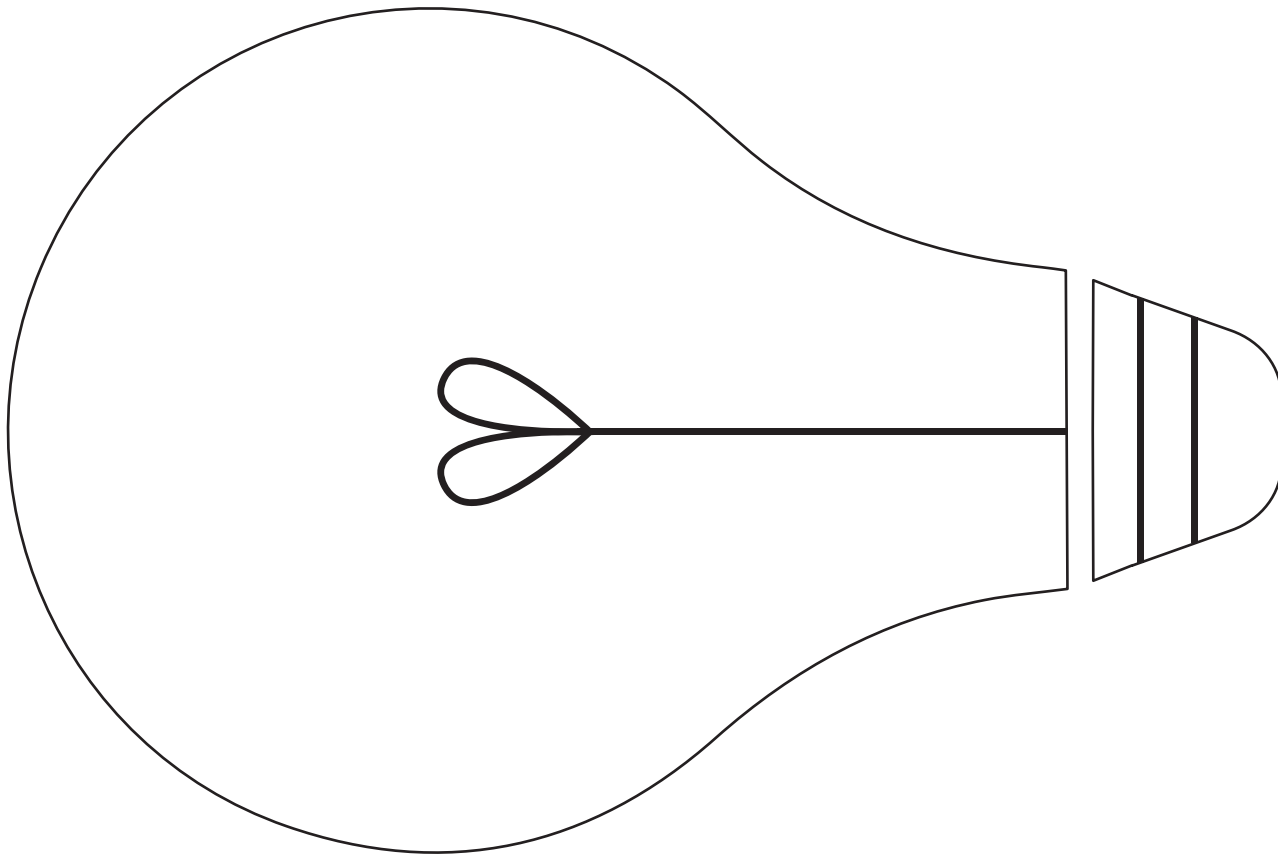
Print the "Let Your Light Shine Bright!" tags and give your children some glow sticks. Then have fun with the Let you Light Shine Crayon activity. As you write and paint, discuss ways your children can shine their lights with others.

Let Your Light Shine!

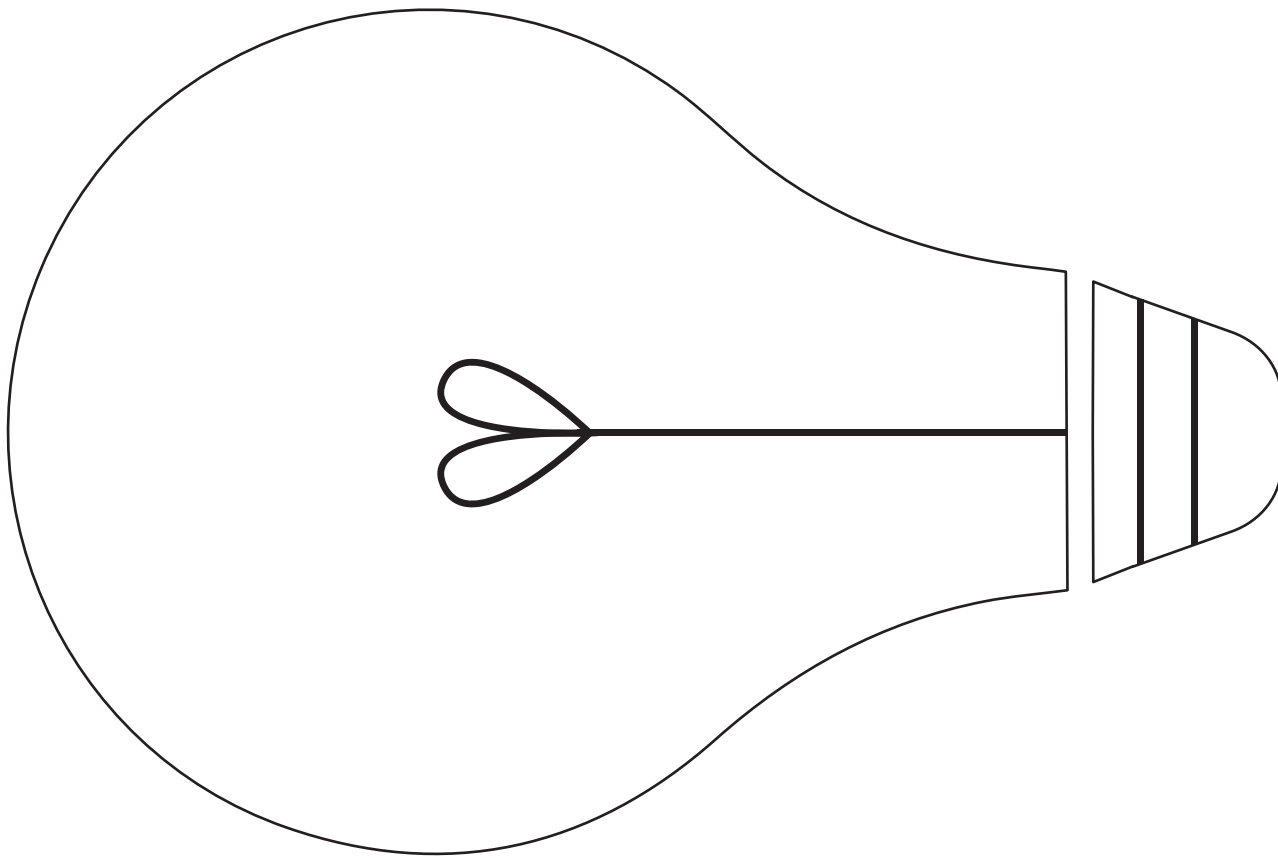
Read John 8:12 with your kids. Talk about how Jesus is the Light of the World. If we follow Him, we can shine His light and share it with others! Have your kids write all the ways they can shine His light in the lightbulb. Then, have them hang it up on their bathroom mirror or somewhere in their room where they'll be reminded to shine His light.



Let Your Light Shine!



Let Your Light Shine!



Light Display Activity

Matthew 5:14-16

For this activity you will need to display some or all of the following things on a table. Cover them with a blanket until you are ready to show the items and discuss them during this lesson.

candle
flashlight
light bulb
glow stick
birthday candle
picture of children
oil lamp
match
lamp
headlamp
nightlight

Gather your family around the table and tell them you will give them 30 seconds to quietly observe what is under the blanket. Set a timer and let them look. After the 30 seconds are up, cover the items with the blanket and ask your children to name all the things they saw that give off light. They should mention all the things except the picture of the children. Read Matthew 5:14-16 to your family and then ask the question again. See if they now understand that they all have a light inside of them that they can shine.

To demonstrate verse 15, cover a tea light with a glass cup. Discuss how we can't hide our light under a "bushel" or our light will go out. Give each of your children a chance to put the light under the cup. Talk about what it means to put your light under a bushel. For example: if you're really good at singing, but you never sing for others, you may lose it. Or, if your testimony is strengthened through playing the piano, but you never take the opportunity to share your talent in Primary, Seminary, etc., your testimony may struggle. Share an experience of when your testimony has been strengthened because someone shared their talents.

Challenge your family to share one of their talents this week!

Beatitude Monster Swat

Matthew 5:3-10

Have fun reviewing the Beatitudes with your family in this fun game!

You will need:

2 fly swatters

Scissors

Begin by reading Matthew 5:3-10 from the Sermon on the Mount to your family. Talk about why and how people with these characteristics are blessed.

Then, show your family the Beatitude Monster print so they know which one represents each scripture. Cut apart the game monsters and lie face-up on the floor. (There are eight total, but it could be fun to print an extra set or two for the game.) Give two people the fly swatters and call out a monster to swat ("Swat the peacemaker." "Swat the poor in spirit.") You can use the calling card below. The first person to swat the correct monster, gets to keep that monster. Keep going until your family has collected all the Beatitude monsters. The person with the most wins! For more fun, you can have a treat/reward for whoever wins!

Swat the "mourning" monster.
Swat the "meek" monster.
Swat the "peacemaker" monster.
Swat the "poor in spirit" monster.
Swat the "merciful" monster.
Swat the "pure in heart" monster.
Swat the monster who hungers after righteousness.
Swat the monster who is persecuted for righteousness' sake.

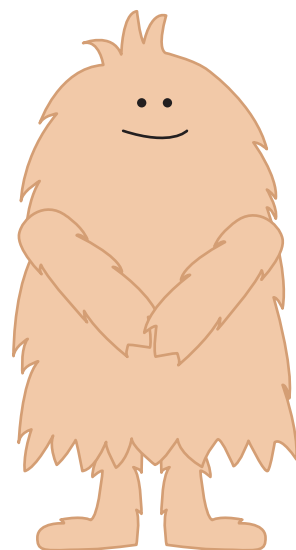
THE BEATITUDES



Matt. 5:3 Blessed are the poor in spirit: for theirs is the kingdom of heaven.



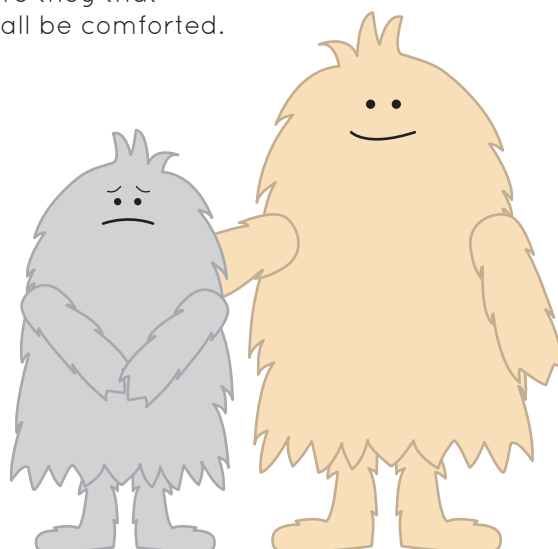
Matt. 5:4 Blessed are they that mourn: for they shall be comforted.



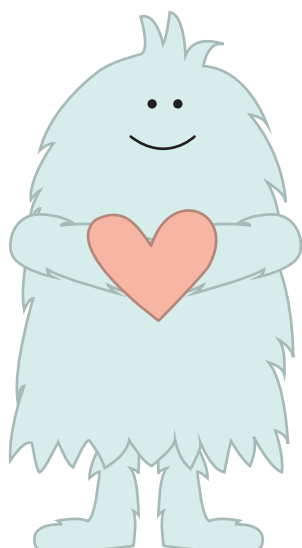
Matt. 5:5 Blessed are the meek: for they shall inherit the earth.



Matt. 5:6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.



Matt. 5:7 Blessed are the merciful: for they shall obtain mercy.



Matt. 5:8 Blessed are the pure in heart: for they shall see God.



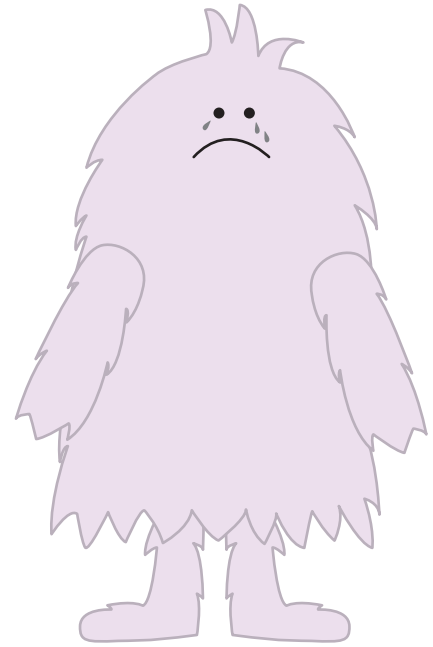
Matt. 5:9 Blessed are the peacemakers: for they shall be called the children of God.



Matt. 5:10 Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.



Matt. 5:3 Blessed are the poor in spirit: for theirs is the kingdom of heaven.



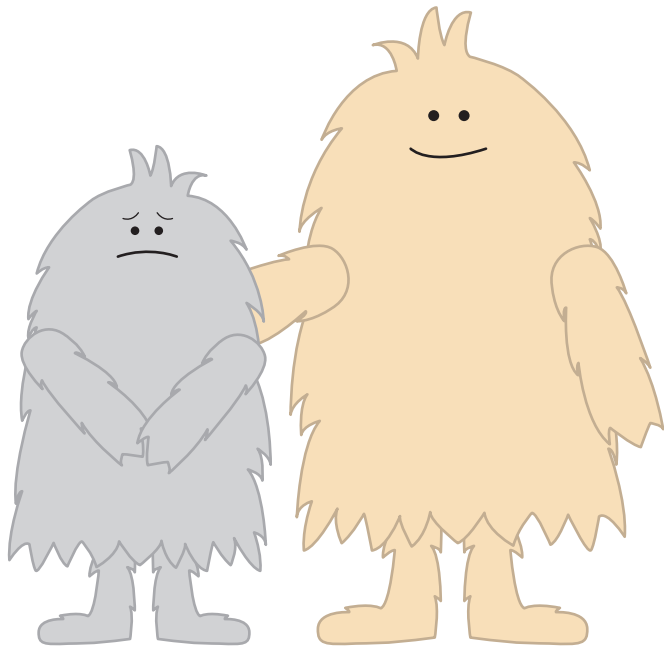
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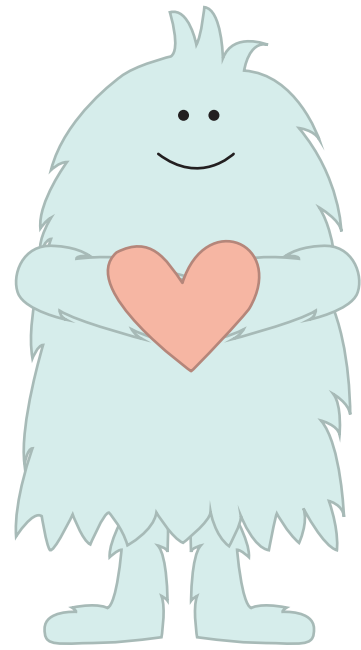
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called the children of God.



Matt. 5:10 Blessed are they
which are persecuted for
righteousness' sake: for theirs
is the kingdom of heaven.

Let Your Light Shine Bright Tags

We suggest printing these tags on cardstock for durability. Print one tag for each of your kids. Cut out along the solid gray lines. Then, cut the two slits above and below the words and insert a bright highlighter or glow stick through the slits. It could be fun to print on colored paper or let your kids color their tag. Remind your kids that they can shine their light for others to see and follow and come closer to Jesus.





Let Your

LIGHT



BRIGHT!



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Let Your

LIGHT



BRIGHT!



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Let Your

LIGHT



BRIGHT!



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Let Your Light Shine Crayon Activity

Jesus teaches us in the scriptures by comparing our lights to a candle. The purpose of a candle is not to be hidden, but rather we set it on a candlestick so it lights up everything around us. Similarly, we can spread and share our light with others by being an example.

Get a blank piece of paper, a wax candle (a birthday candle works great) and some dark watercolor paint. You can substitute your candle for a white crayon because it is also made of wax. If you don't have watercolor paint, you can also use a dark washable marker.

Have your child use the candle or the crayon to write "Let your light shine." on the piece of paper. At first, it will blend into the paper and almost be "invisible."

Take the dark watercolor paint or marker and paint over the writing. Your secret message will appear. It will "shine" through the dark paint and reveal words of light.

Close your activity by discussing ways you can be a light or an example to those around you.

Yogurt Parfaits

Prep Time: 5 minutes

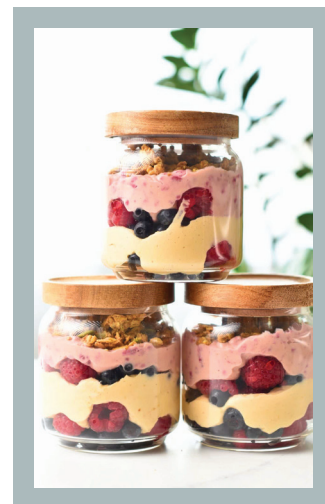
Total Time: 10 minutes

INGREDIENTS

favorite flavor of yogurt(s)

favorite fruits

granola



DIRECTIONS

Make these easy yogurt parfaits with your kids for a cool, nutritious summer snack!

Take a small cup or Mason jar and spoon in layers of your ingredients in whatever order you like.

You could even make it a high protein snack by adding protein or peanut butter powder into the yogurt before making your parfaits.

Enjoy your delicious snack together!

2025 Summer with Jesus

topic

The Living Water

songs



Living Waters



The Miracle

videos



The Living Water



Other Names for
Jesus

scriptures

Jeremiah 17:13

John 4:7-26

Matt 22:32

John 7

Isaiah 12:1-5

Rev 7:17

coloring page

Talk about the name of "Living Water" for Jesus, and what that means, with your children. Then, color together!

hands-on activity

Discuss how we need Jesus in our lives everyday, just like we need water every day. Do the Jesus Christ Can Change Us activity and have fun making slime while you talk about how Jesus can change us.

game

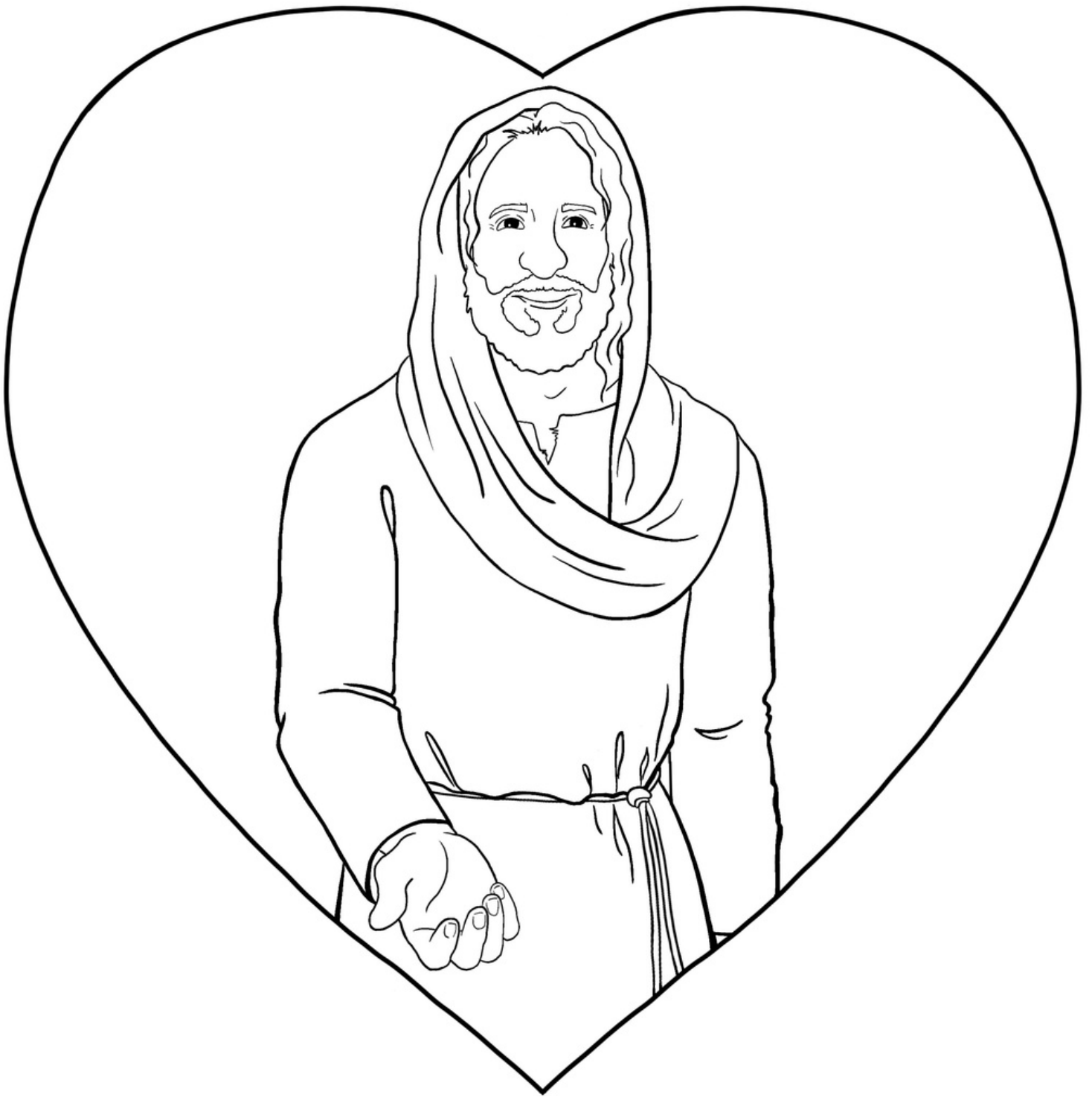
Choose a few fun water games to play with your kids after you discuss the Living Water (Jesus Christ) in our lives. It will be a great way to help your kids learn of the need for Christ while having fun! You can do one or all of the games!

snack

Enjoy some refreshing watermelon pops this summer! Cut a watermelon into small triangles and insert a popsicle stick through the rind to make a "watermelon pop!" Then, let your kids choose their toppings.

bonus

Print a copy of the Christ: The Living Water printable for each of your kids. Help them find a place they can keep it so they see it often and remember that Christ will provide what they need.



“But whosoever drinketh of the water that I shall give him *shall never thirst*; but the water that I shall give him shall be in him **a well of water springing up into everlasting life.**”

John 4:14

Jesus Christ Can Change Us

John 4:7-26

Tell the story of the woman at the well by reading John 4:7-26. Explain how the gospel of Jesus Christ is like living water. Ask why we have to drink water every day. Explain that we also need Christ in our lives every day. Talk about miracles and how Christ can change us.

SLIME RECIPE

1/2 c. of Elmer's glue
food coloring
1 c. warm water
1 tsp. Borax

Put the label "Me and You" on a metal or glass bowl. Put the glue into the bowl and add the food coloring. Mix. Tell your children that the glue mixture represents me and you.

Put the label "Jesus, The Living Water" on a separate bowl. Add the warm water and Borax. Mix until it dissolves. Tell your children that the water represents Jesus, The Living Water.

Slowly add the water+Borax mixture to the glue mixture, one tablespoon at a time (it takes about 3 tablespoons). Have your children help you stir the mixture together with your fingers. Ask them what happens. As the slime forms, talk about how Jesus, The Living Water (water+Borax) can change me and you (glue+food coloring).

Jesus can change our hearts by making us more humble, kind, and Christlike. We need water every day, just like we need Jesus as our Living Water every day. We need to study the gospel, invite the Spirit into our lives, choose the right, pray every day, etc.

Have fun playing with your slime!
Store in airtight container.

A large, solid dark green circle containing white text.

Jesus Christ
“The Living Water”

A large, solid dark green circle containing white text.

Me and You



Jesus Christ
“The Living Water”



Me and You

7 Fun Water Games

Do some of these fun water games with your kids this summer and use this opportunity to talk about how Jesus is our Living Water. Just like we need water every day, we need Him in our lives every day.

1. Water Bucket Race

All you need is a few buckets, two for each player/team. Once the race starts, the player has to run with a bucket full of water and dump the water in the empty bucket at the other end. Whoever has the most amount of water wins!

2. Water Balloon Tag

This is the usual tag game with a slight twist. The person who is 'it' has to run with a water balloon in his hand, and if he is successful at aiming it at someone and throwing it at them and bursting it, then that person becomes 'it.'

3. Water Balloon Piñatas

This game requires a string on which a few water balloons have to be attached. You can blindfold all the participants turn by turn and hand them a plastic bat. Each player gets a turn at swinging, and every time they pop a balloon, they are sure to be rewarded with a splash of water!

4. Sponge Balls

To make a sponge ball, you will need a bunch of sponges and rubber bands. First, divide the sponges into stacks of three. Next, cut them lengthwise and tie them from the middle using a rubber band. Spread all the sponge strips and voila! You have a sponge ball!

These balls can be used for a relay race where each team of two stands opposite to each other with a bucket and a sponge ball. Each player has to shoot the ball in their partner's bucket. The team with the most successful number of tosses wins!

5. Trampoline Splash

If you have a trampoline in your backyard, simply place water balloons on it and let the kid jump away. They will have a great time crushing balloons while jumping, squealing every time they are squirted with water.

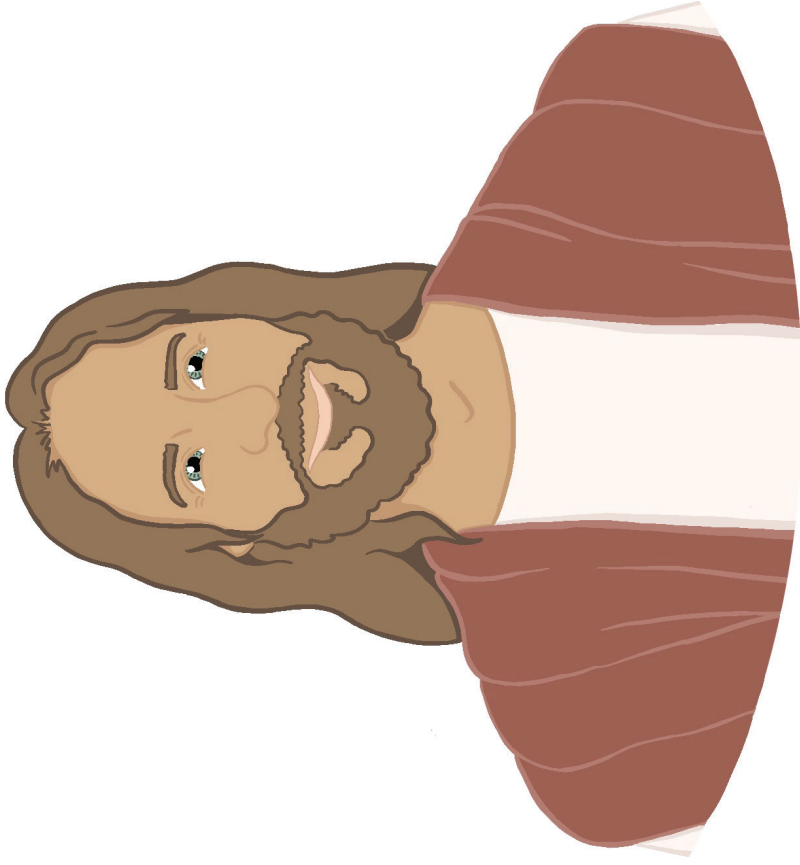
If you don't have a trampoline, you can use a small baby pool or any spare box and let the kids stomp away.

6. Sponge Bulls-Eye

Use chalk to make circles on the sidewalk or your driveway and write different points in each of them. Soak a sponge and try to toss them within these circles. The person with the maximum score wins!

7. Kiddie Pool Toe Diving

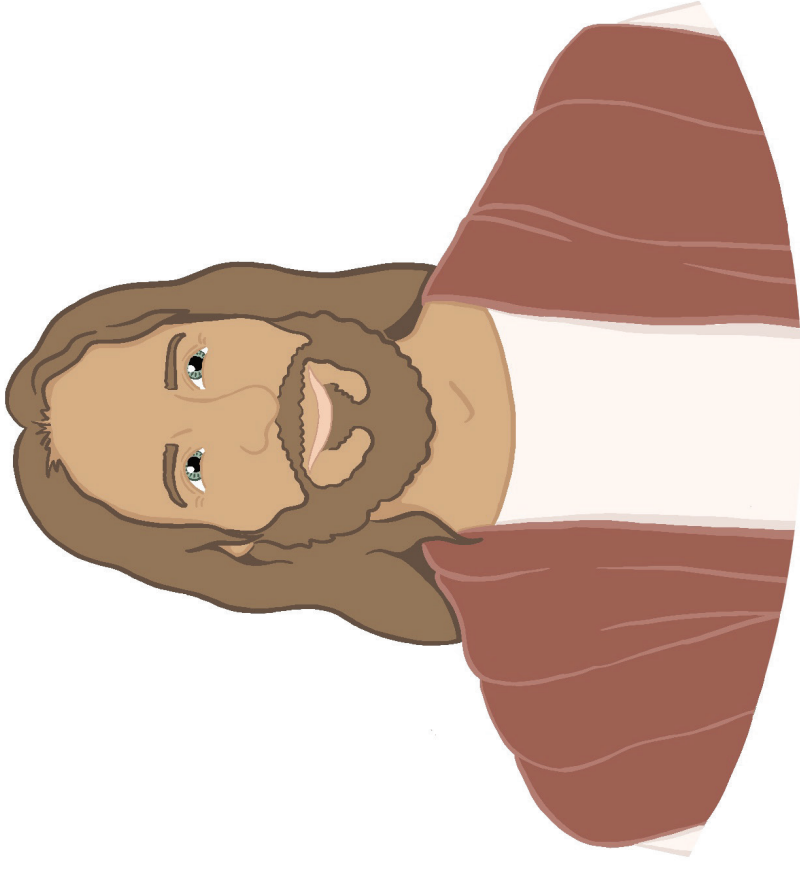
This is a kind of treasure hunt whereby you put different toys in a kiddie pool. The kids are supposed to take these toys out using their toes. Whoever takes out the most toys wins. To make it more challenging, the players can be blindfolded. This is super fun and every time anyone loses balance and crashes in the pool, everyone gets splashed with water!



“For the Lamb which is in the midst of the throne
shall feed them, and shall lead them unto
living fountains of waters:
and God shall wipe away all tears from their eyes.”

Revelation 7:17

comefollowmefhe.com



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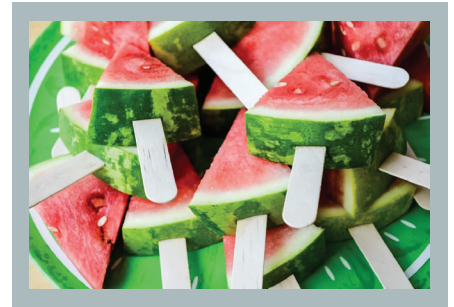
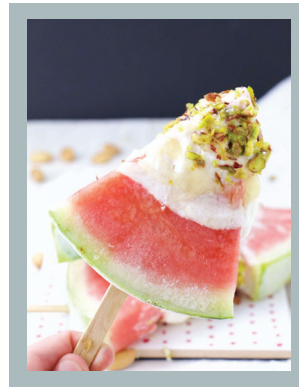
Watermelon Popsicles

Prep Time: 5 minutes

Total Time: 15 minutes

INGREDIENTS

watermelon, cut into triangles
yogurt
cool whip
whipped cream cheese
other fruit (strawberries, blueberries)
pistachios or other nuts
chocolate chips
melted chocolate
sprinkles
popsicle sticks



DIRECTIONS

Help your kids insert a popsicle stick into the rind of a watermelon triangle.

They can dip their watermelon popsicle into yogurt, cool whip or whipped cream cheese. Then, they can dip it into whatever toppings they want (nuts, sprinkles, chocolate chips) or add other fruit on top. They can even drizzle melted chocolate on top as well!

Enjoy your watermelon popsicles together!

2025 Summer with Jesus

topic Prayer

songs



The Power of Prayer



Did You Think to Pray?

videos



Jesus and Prayer



Five-Fingered Prayer

scriptures

John 15:7 1 Sam. 12:20-24
Daniel 6:10 2 Chronicles 7
Matthew 26:36-46

coloring page

Teach your children that they can pray any time, any where. Color the coloring page together.

hands-on activity

Make the "I Can Pray" wheel and discuss how you can pray anywhere and any time. Ask what other places your kids can name that they could pray.

game

Have a fun competition with the Roll & Pray game. You will need to print the game page, a pair of dice, and a writing utensil. Follow the game instructions and see who can finish the lists first!

snack

Let your children help make their own chip dip cups with their favorite ingredients and then enjoy your snack together!

bonus

Print a prayer chart for each of your children. Then challenge them to prayer each morning and night and mark it on their chart. You could even provide a reward for them when they finish their chart!

**My Heavenly Father hears and answers
my prayers any time I pray.**



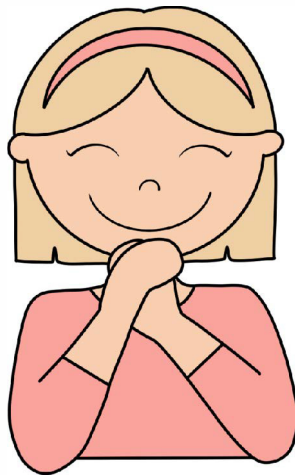
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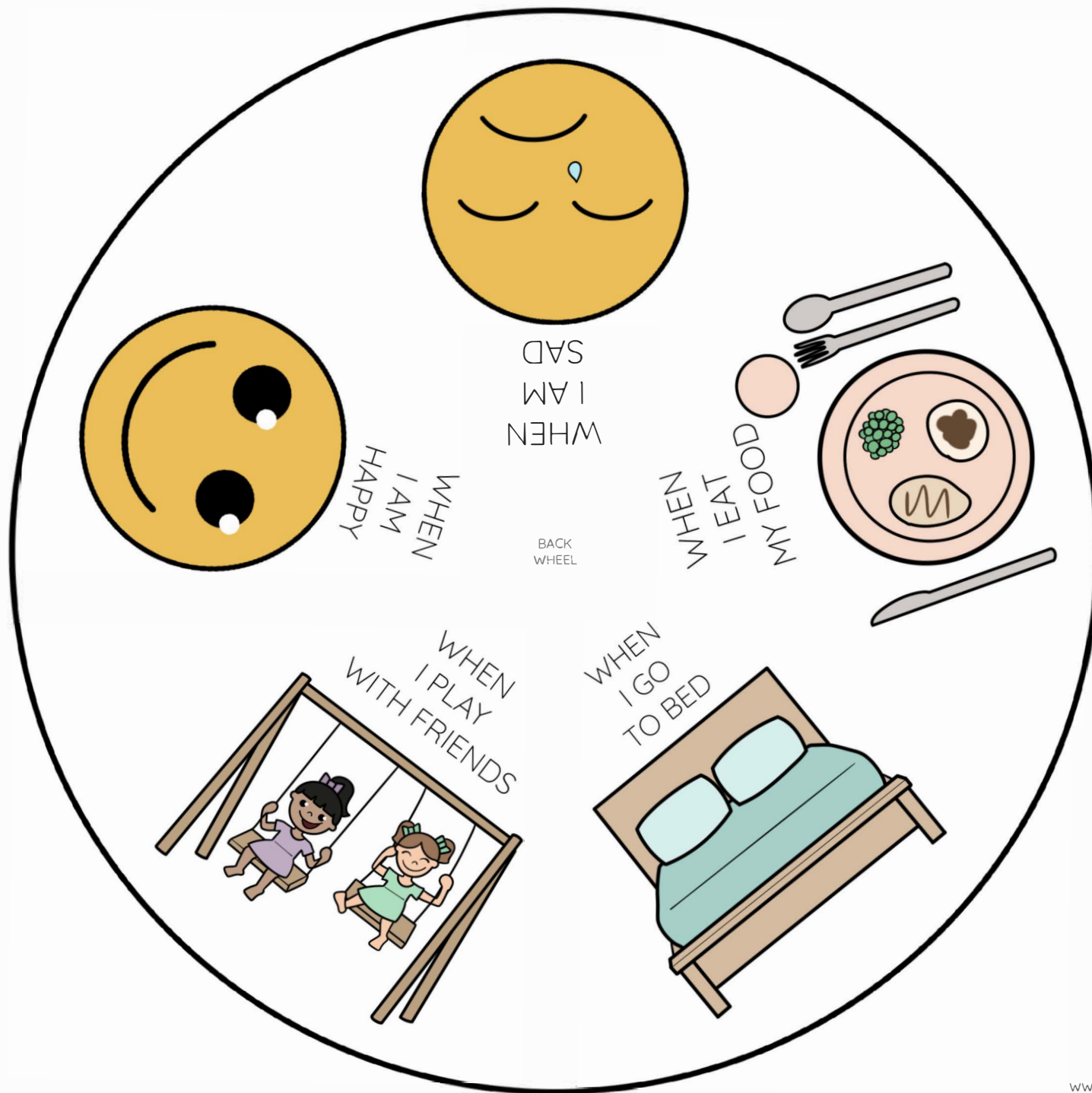
“I Can Pray” Wheel

Instructions:

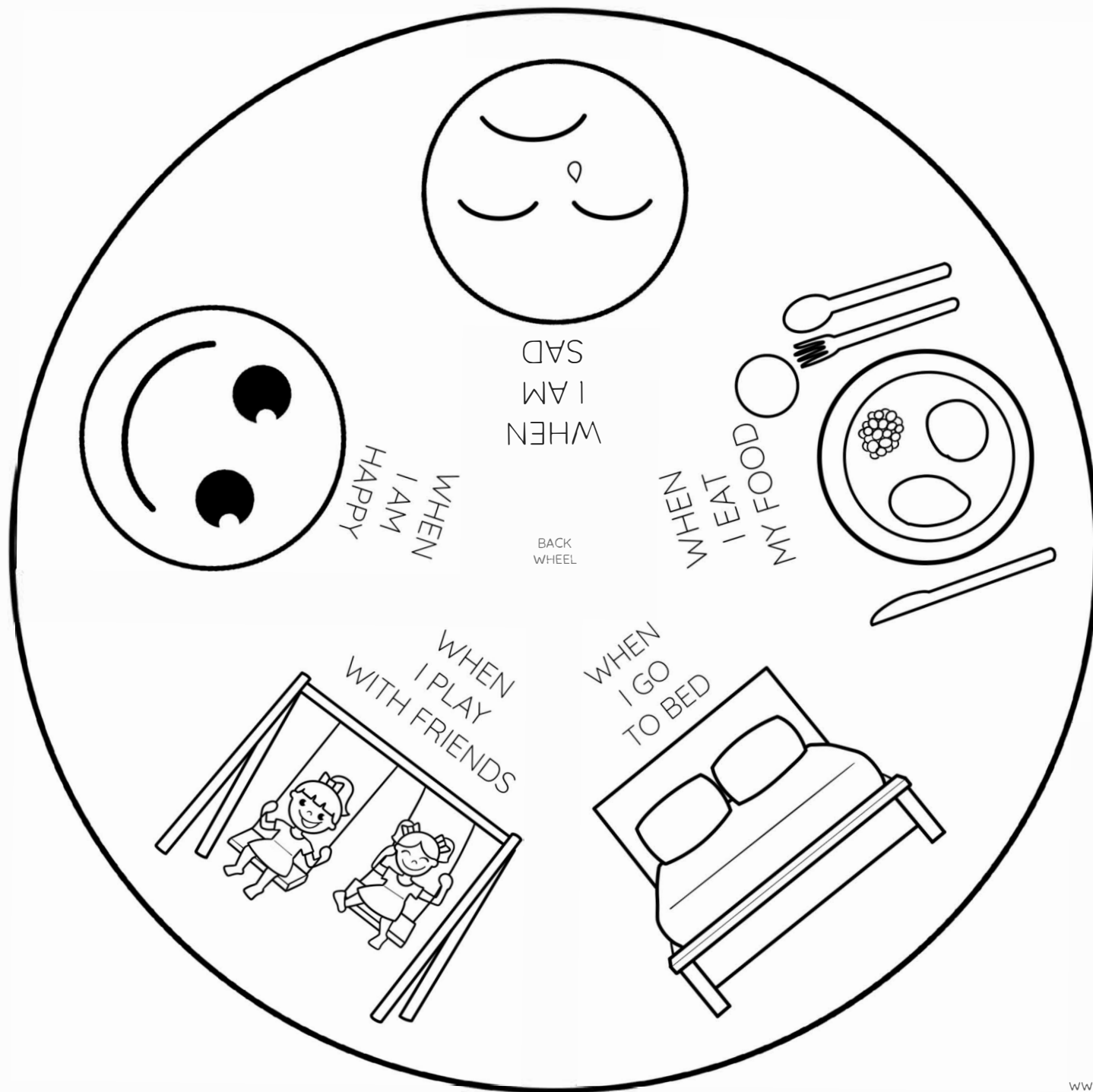
1. Cut out the front and back wheel. Cut out the triangle on the front wheel.
2. Use a brad to connect the wheels together.
3. Spin the wheel and look at the pictures as you talk about when you can pray.

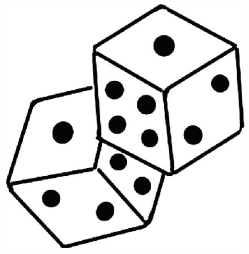












Roll & Pray Game



Needed for this game:

- * A pair of dice
- * 1 pen/writing utensil
- * Each player needs their own Roll & Pray List sheet.

Rules:

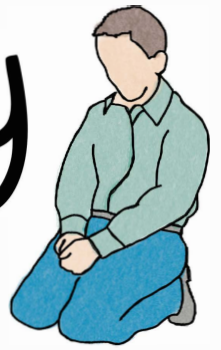
- * Sit in a circle or around a table.
- * Place the pen in the middle of the circle.
- * Take turns rolling the dice. Each person will roll 1 time, then pass the dice counter clockwise around the circle.
- * Continue around the table until someone gets doubles.
- * When you roll doubles, grab the pen (either from the table or from whoever has it) and start writing your list of things to pray for.
- * The dice continues around the circle while a person writes.
- * As soon as another set of doubles are rolled, that person grabs the pen from the person currently using it, and begins writing.
- * The first person to finish both lists, WINS!!



Thanks for	Ask for
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

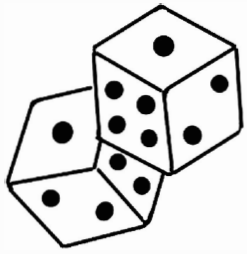


Roll & Pray



When you roll doubles- grab the pen and start making your prayer list!

Thanks for	Ask for
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.



Roll & Pray



When you roll doubles- grab the pen and start making your prayer list!

Thanks for	Ask for
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

MY PRAYER CHART

SUNDAY

MONDAY

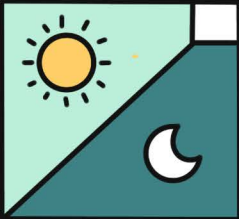
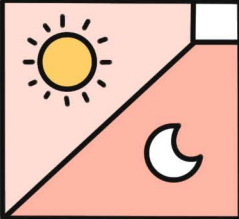
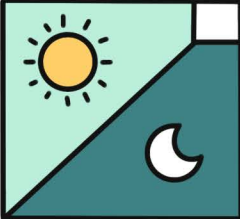
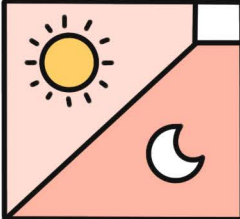
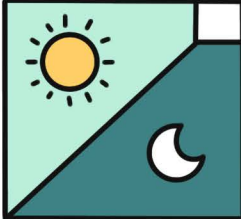
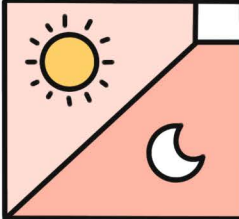
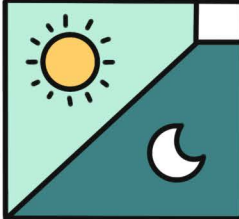
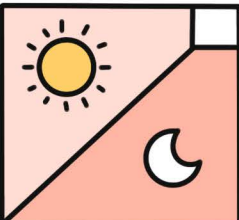
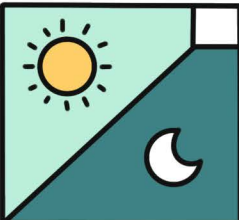

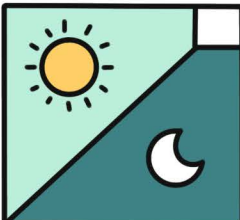

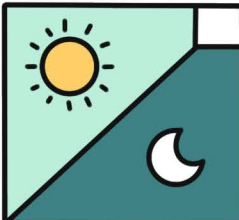

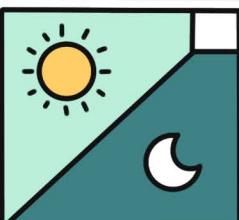

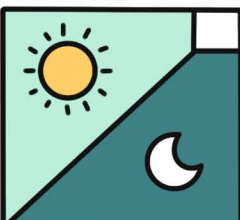

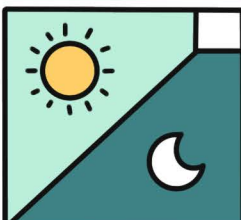

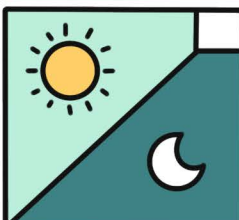

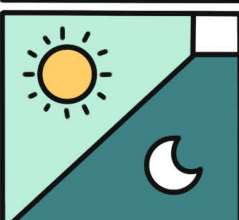

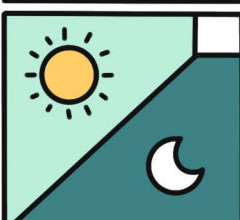

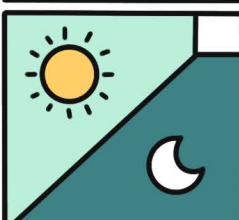




TUESDAY

WEDNESDAY

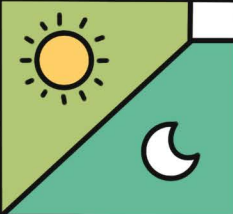
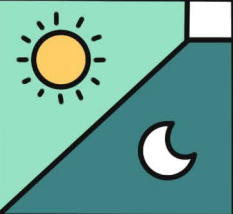
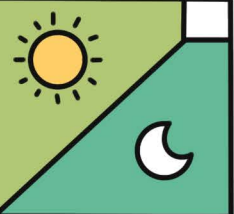
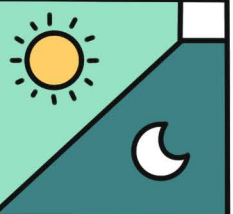
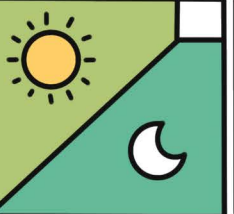
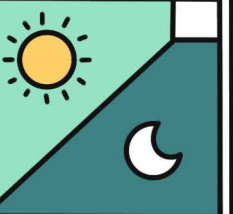
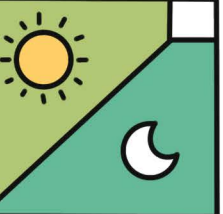

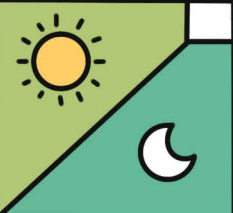

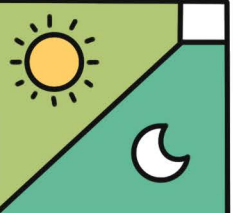
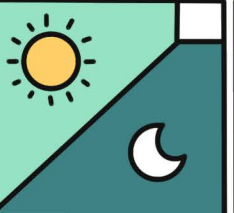
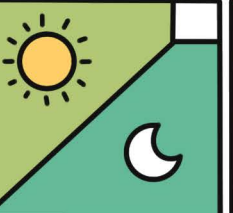

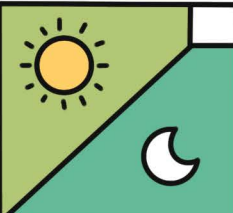
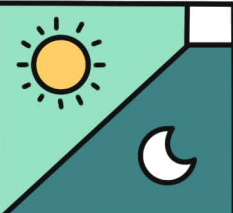
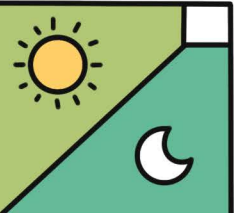
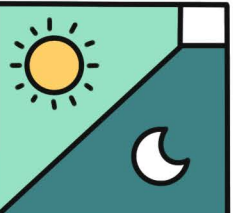
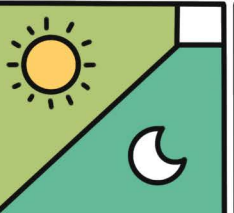
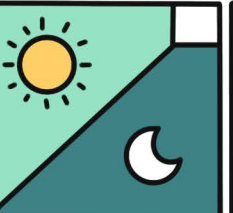
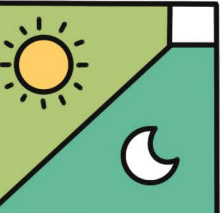
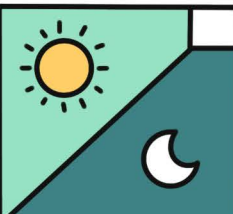
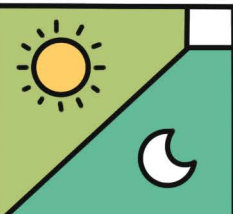
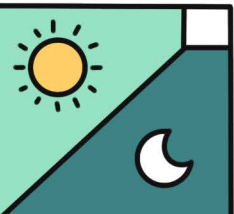
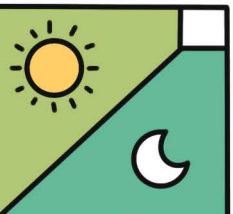
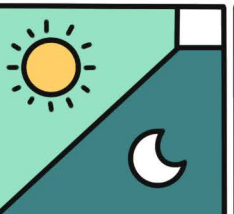
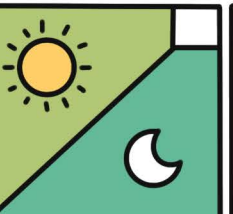
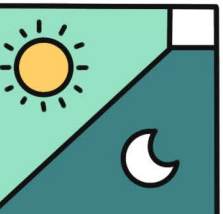
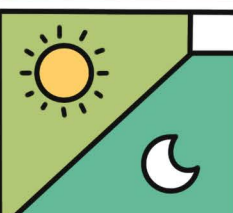
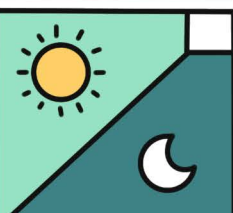
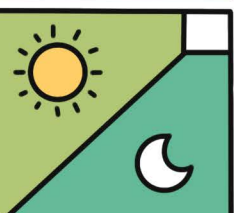
THURSDAY

FRIDAY

SATURDAY

MY PRAYER CHART

MY PRAYER CHART

SUNDAY

MONDAY

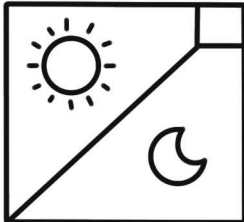
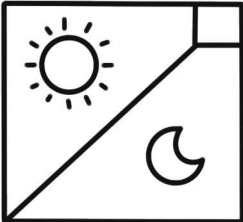
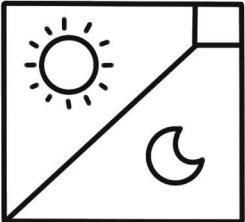
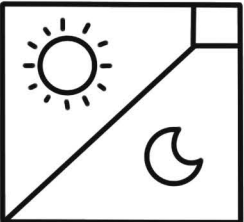
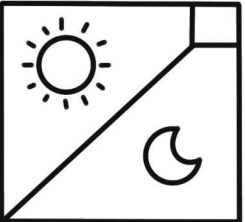
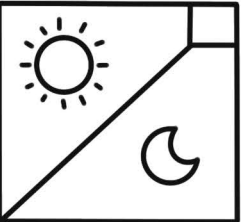
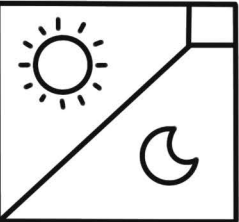
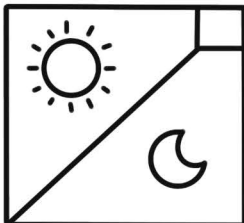
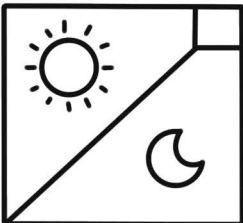
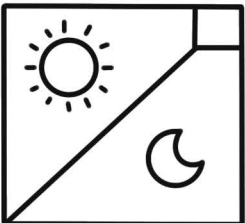
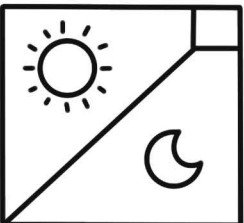
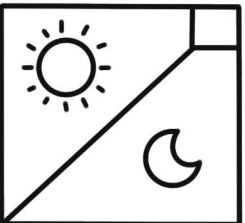
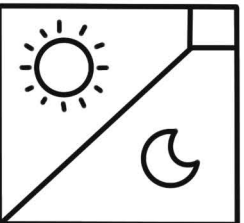
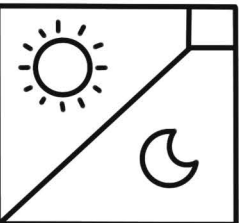
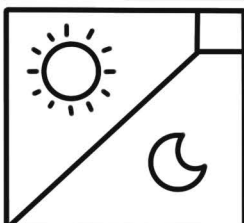
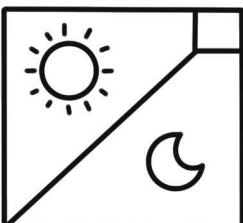
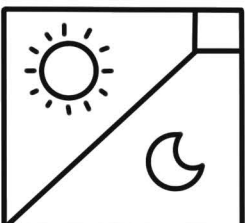
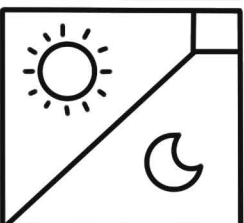
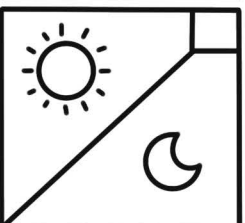
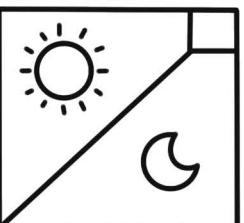
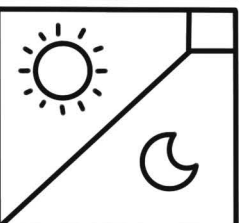
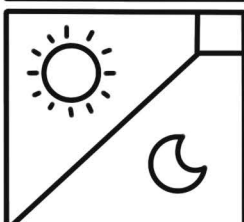
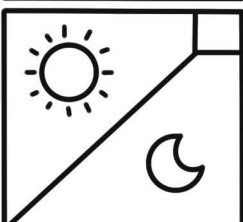
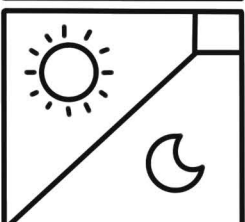
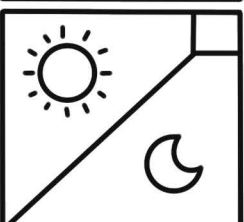
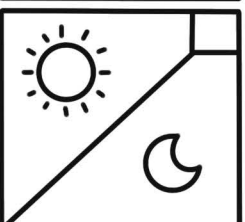
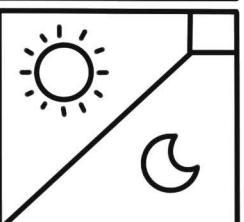
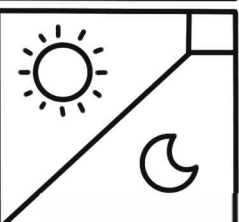
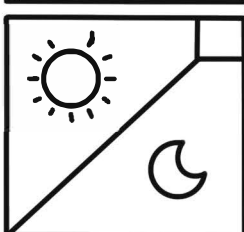
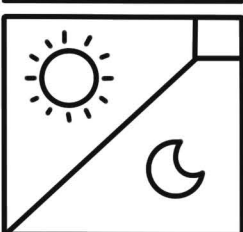
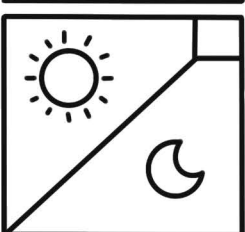
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Chip Dip Cups

Prep Time: 15 minutes

Total Time: 15 minutes

INGREDIENTS

refried beans
guacamole (use store-bought to make this even easier!)
sour cream
salsa
shredded cheese
tomatoes
olives
green onions
cilantro
tortilla chips



DIRECTIONS

Make individual chip dip cups with your kids for a filling snack!

Begin with a layer of refried beans in the bottom of a clear cup. Then, spoon on a layer of guacamole, followed by sour cream. Finish with a layer of salsa and then any additional toppings.

Serve with tortilla chips and enjoy your snack together!

*Refrigerate if you aren't eating them immediately.